## **BMG NEWS**







### **Bacchus Marsh Grammar Open Day**

Bacchus Marsh Grammar is celebrating 30 years of education services in 2018. The School would Day on Friday 7 September.

Bacchus Marsh Grammar

Celebrating 5

like to invite past students, parents and staff to celebrate our thirty year milestone at an Open

Regular school hours and activities will operate on this day. Students and staff will be showcasing the many and varied subjects and co-curricular activities which they participate in such as robotics, information technology, sports, hospitality and music.

The school will conduct tours at set times throughout the day. If you would like to be a part of the celebration, please book your place on a tour by visiting the School's website under "Celebrating 30 years". Please note bookings are essential.

### Victorian Interschools Snowsports Championships

The BMG Snowsports competitors from this weeks' Championships included: Jesse Trembath, Summer, Kaylee and Tayla Wray and Kaeden Lussetti. Congratulations to our team and their fantastic efforts this week at Mt Buller. **Results from Tuesday 21 August;** 

Alpine GS Division 5 – Tayla Wray – 1st place, Moguls Division 5 – Tayla Wray – 3rd place,

Skier Cross Division 5 – Tayla Wray – 15th place, Skier Cross Division 4 – Summer Wray – 2nd place,

Team BMG Skier Cross Division 4 – 2nd place, Moguls Division 4 – Summer Wray – 11th place & Kaylee Wray -18th place, Team BMG Moguls Division 4 – 4th place, Alpine GS Division 4 – Summer Wray – 11th place & Kaylee Wray – 20th place Alpine GS Division 4 Boys – Jesse Trembath – 113th place.

Results from Wednesday 22 August - Snowboard GS Division 4 Boys – Kaeden Lussetti – 31st place.









#### Victorian RoboCup State Competition at Melbourne University

The Victorian RoboCup State Competition was held at Melbourne University. The team has spent multiple weeks building and programming ten different and unique robots to play soccer against other schools from all over the state.

After arriving, all ten robots were measured, weighed and approved by the scrutineers. Then the first competitors walked to the 'soccer' fields to begin the Simple Simon Soccer competition. We had a successful and fun day with many wins. BMG made it to the quarter finals, however we were beaten during a hard, but fair game in the final.

After the competition we were given a personal tour of Melbourne University by Mr Newton and Mr McLaughlin who happily showed us the campus and how amazing it is. They explained the dedication and hard work required to achieve a position at an amazing university.

It was a highlight ! We would like to thank Mr McLaughlin, Mr Newton and everyone who participated in the competition, for trying their absolute hardest to make our day great. It was a memorable experience for all of us and we look forward to having an experience like that again.



Jake Junqueira 6B & Eva Green 6E

#### **Experimenting with toys and forces**

Throughout Term Three, Prep students have been learning about toys and the forces which make them move.

Last week students from Prep F participated in a toys lesson with their Year 5 buddies. Students discovered how pushing and pulling forces make floating toys work. Together students made predictions about whether certain objects would float or sink and why. They then were able to test their theory. Students also made a toy boat which they had great fun in testing on the water.





#### 2018 BMG Kokoda Track Expedition

On Saturday 22 September Thirteen Year 10 students together with Mr Leigh Park, Mr Andrew Perks and Miss Jenna Nicolle will partake in the adventure of a life time, trekking the famous Kokoda Track in Papua New Guinea with Getaway Trekking. The expedition begins with the group flying from Melbourne to Brisbane and then onto Port Moresby, where they will take a day to prepare themselves for the Kokoda Track. The Kokoda Trail or Track is a single-file foot thoroughfare that runs 96 kilometres (60 mi) overland – 60 kilometres (37 mi) in a straight line – through the Owen Stanley Range in Papua New Guinea. Students and staff will make their way along the track, trekking and camping for eleven days.

The track was the location of the 1942 World War II battle between Japanese and allied – primarily Australian – forces in what was then the Australian territory of Papua. For many Australians, the Kokoda Track is an iconic trek, and represents a growing appreciation of the bravery and sacrifice of our young diggers during the WW2 Kokoda Campaign.

The students and staff have been preparing for their trek over the past 6 months with many preparatory meetings, briefings and training sessions that have included:

- High Intensity Training Sessions (HIIT).
- Historical lectures on the significance of Kokoda to all Australians.
- After school walks.
- Weekend hikes in the surrounding Ranges including the Werribee Gorge.
- Overnight camps to hike and trail equipment in the Macedon Ranges.

In addition to training for the trek students have also been raising money for Papua New Guinea Charities including local schools within the Kokoda and Buna Region.

#### Mr Andrew Perks - Director of Sport



#### Years 7-12 ICCES News

#### **ICCES Summer Competition**

This ICCES Summer Competition is a round robin tournament which is held between Bacchus Marsh Grammar, Braemar College and Goulburn Valley Grammar School in Ballarat on the (day) 20 October. Mustang competitors have been busy with training and selection for their respective teams that will include;

- Girls Softball Prince of Wales Park, Ballarat
- Boys Cricket Victoria Park, Ballarat
- Boys and Girls Volleyball Wendouree Sports Centre, Ballarat
- Boys and Girls Tennis Holioake Park, Ballarat
- Golf Creswick Golf Club, Creswick

The competition will start at 9.00am and conclude in Ballarat at 4.00pm. There will be more information to follow.

#### Years 7-12 Sports News

#### Elite Sport Applications Year 9 and 10

Application forms are available for students wishing to apply for the Year 9 and 10 Elite Sports Elective. All applications need to be accompanied by a coaching reference. Application forms are available from the Physical Education office. Physical Fitness Testing for applicants will take place in the gymnasium after school on Monday 27 and Tuesday 28 August.

#### Years 7-12 Sports News Continued



#### **Individual Student Sporting Achievements**

#### **Congratulations to:**

**Amy Thistlethwaite** Year 9 (Bacchus Marsh Grammar Elite Sports Program) who recently competed at the 2018 Australian Karate Federation Championships. Amy secured the Bronze medal in the Kumite Individual Female Cadets +54kg event at the Championships. Congratulations Amy.

**Pictured Left** - Amy Thistlethwaite (Bronze Medal) and fellow Bacchus Marsh Grammar athlete Eliza Wales (Gold Medal) at the Australian Karate Championships. Eliza won gold at this event and was mentioned in last week's newsletter. Congratulations to both girls on your achievements.

#### Andrew Perks - Director of Sport

#### **VCAL Fundraising**

The VCAL students are selling BMG House Mascot Key rings which were produced to promote and encourage House pride and raise funds for charity. The key ring designs are picture left and can be purchased with a gold coin donation.



## **Health Centre News**

#### Medication for School and Camp.

Parents and guardians are asked to follow the processes below if you are supplying medication for your child to have at school:

- The medication needs to be given to the Health Centre in its original packaging.
- If it is prescription medication it needs to have the child's details on the packaging.
- Parents need to complete a **Medication Information Sheet** which can be downloaded from the myBMG Parent Portal.

#### **Medications for Camp**

If your child requires medication for camp please contact the Health Centre. A letter will be sent home for you to complete and sign with the camp form.

#### **Too Sick for School**

Attached to the newsletter is a flyer that includes useful information regarding when you should send your child to school or keep them home.

If you have any queries whether you should send your child to school or not or questions regarding medication, you can contact the Health Centre.

#### Mrs Jo Stanley - School Nurse (RN Div 1)

#### Year 10 Presentation Dinner 2018 Reminder

The 2018 Year 10 Presentation Dinner will be held on Friday 31 August 2018 at Moonee Valley Racecourse, McPherson Street, Moonee Ponds. The venue will be accessible **from 6.00pm** and it is expected that all guests arrive by 6.15pm and are seated for a **6.30pm start.** Parking is available at the venue at no charge. Please allow time to navigate city traffic.

Arrangements have been finalised for this event with the venue all ticket sales have closed.

## **STUDENT ACTIVITIES**

#### **Book Fair Backorders**

Unfortunately, Scholastic Book Fairs is experiencing a large backlog of orders from all around Australia and they send their apologies for the long delay in getting the backorders to our students.

As stated in last week's newsletter, we have many partially filled orders that are awaiting a final item to arrive. If we do not receive our delivery this week we will distribute these partial orders by the end of the week.

Thank you again for your patience.

#### Victorian Premiers' Reading Challenge

Congratulations to the following students who have recently completed the Challenge;

#### Tilly Campey 4C and Riyyan Tauheed 5F.

#### **Prep – Year 6 Instrumental Concert Series**

#### Monday 27 August concluding on Thursday 30 August.

The concerts will take place in Wilson Hall from 3.30 - 5.00 pm. We would like to extend a warm invitation to parents, family and friends to join us for what will be a wonderful performance opportunity for our up-and-coming young musicians. Please contact Mr Westgarth with any queries.

#### Middle School Musical - Peter Pan Jr

#### Term 3 Rehearsal Schedule Wednesdays until 4:30pm

Week 7 - Wednesday 29 August - All Students Required - cast and crew in the Dance Studio

Week 8 – Wednesday 5 September - All Students Required – Final Rehearsal at school

Additional rehearsal for all cast and crew – Wednesday 5 September periods 5&6

#### Show Week – Week 9 - Wyndham Cultural Centre

Technical Rehearsal for selected students - Monday 10 September

Rehearsal and Performance - All cast and crew - Tuesday 11 September

Rehearsal and Performance - All cast and crew - Wednesday 12 September

#### Year 7-12 Student Assessment Schedules

All Senior School Individual Student Assessment Schedules are now available to be viewed through MyParent Portal under the DocMan tab. These give information as to which weeks your child will be sitting scheduled assessments.

#### Eliza Rivette - Coordinator: Senior School Reports

#### 2019 International Trips

For students who have expressed interest in the 2019 international trips the myBMG parent portal is now open for deposits for the 2019 trips to New Caledonia and Indonesia. Log onto the Parent Portal and open the "events and sales" tab.

If your child is currently in Year 8 – 10 they may be eligible to go on these trips.

For those students interested in going to Japan, please keep an eye out for further information, as deposit payments will be requested early next term.

#### Fiona Erhardt - Learning Area Coordinator: LOTE

### **BMG COMMUNITY CONTACTS**

#### Out of School Hours Care (OSHC) – YMCA Ballarat

YMCA Ballarat now operate the Out of School Hours Care at Bacchus Marsh Grammar. The relevant handbook and enrolment form are available via the <u>School website</u>. Additionally, families can request an information pack by making a request through the student diary. For more information regarding the OSHC programs offered by YMCA Ballarat please contact:

Mobile: 0438 154 842 or Email: bacchusmarsh.oshc@ymca.org.au

## **BMG COMMUNITY NEWS**

SES Victoria State Emergency Service

## Bacchus Marsh SES needs your help!

Please vote for our project in the **"Pick my Project"** grant initiative. This project is to provide the local Bacchus Marsh SES with a storage and training facility to meet the increased demand required for this emergency service.

A major benefit will be faster response times and possible life saving outcomes in our community. Community involvement and safety are major aims of this project. This new SES facility would store emergency vehicles and provide significant parking as well as room to conduct extensive training programs. It is envisaged a considerable increase in activities will be encountered by the SES as the current population within the region expands. This region covers all of Moorabool shire. It also offers better access to members living in West Maddingley, Darley and Coimadai. It will result in increased membership and service.

Help us help you! It will only take a moment of your time please visit the "Pick my Project" website and vote.

## **REGULAR CONTACTS & INFORMATION**

Absentee Line - 5366 4888 or Absentee Email - <u>student\_absentees@bmg.vic.edu.au</u> <u>Health Centre</u> direct number - 5366 4873 Senior School After School Classes Tuesdays – English (N Block) and Science (Room 01) Thursdays – Mathematics (M Block) Visit the <u>BMG Events Calendar</u> for the latest upcoming events.

> South Maddingley Road Bacchus Marsh VIC 3340

P +61 3 5366 4800 F +61 3 5366 4850 E school@bmg.vic.edu.au

www.bmg.vic.edu.au



Bacchus Marsh Grammar



#### **Important Enrolment Information 2019**

Please note registrations of interest for Prep and Year 7, 2019 have been confirmed and now closed. Applications for 2019 for the Woodlea Campus in Years 1, 2, 3, 4, and 5 will be placed on a waiting list.

# Too sick for school?

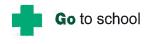


## While this information has been checked by a pharmacist, it is a guide only.

## Ask yourself: • Is my child well enough to comfortably take part in the day's activities? • Will my child pass on their illness to other children or staff? • Will my child's teacher be able to care for my child without it impacting on their ability to care for other children? • If I felt like this, would I go to work? If you are unsure, speak to your pharmacist or doctor for advice. • Could be catchy. Some restrictions for school • Don't go to school

Symptom	What to consider	Go to school?	Treatment
Fever	Children and older infants with a temperature of 38.5° or more		Give plenty of fluids and stay home until temperature is normal. Your pharmacist can provide advice on the most appropriate analgesic and formulation for your child. If your child seems worse or there's no improvement in 48 hours, see a doctor or visit the hospital.
Diarrhoea	If your child has 2 or more consecutive bowel motions that are loose or watery. They may also have stomach cramps.	For at least 24 hours after diarrhoea has stopped	Diarrhoea is a fairly common problem that usually lasts only a day or two. Diarrhoea must be monitored as it can cause dehydration which is potentially very dangerous in children. Your pharmacist can provide advice on the most appropriate treatment for an upset tummy, including advising on oral rehydration salt formulations. They can refer you to a doctor if more treatment is needed or the hospital for severe diarrhoea.
Vomiting	If your child has vomited more than twice in 24 hours.	For at least 24 hours after vomiting has stopped	Watch for signs of dehydration and encourage small amounts of fluid frequently. Your pharmacist can provide advice on oral rehydration salt formulations and can refer you to a doctor if more treatment is needed or the hospital for severe vomiting.
Cough	This will depend on the severity of the cough. Trouble breathing, wheezing or a harsh cough can be the sign of something more serious such as bronchitis, pneumonia or whooping cough.	+	If your child has a severe cough, take them to see a doctor. If the cough is not severe your pharmacist can help you to identify whether your child has a 'productive' or 'dry' cough and a suitable treatment for them.
Rash	A skin rash could indicate a contagious infection such as chicken pox or impetigo.	-	A doctor should evaluate your child before sending them to school.

Visit www.findapharmacy.com.au to find your nearest community pharmacy



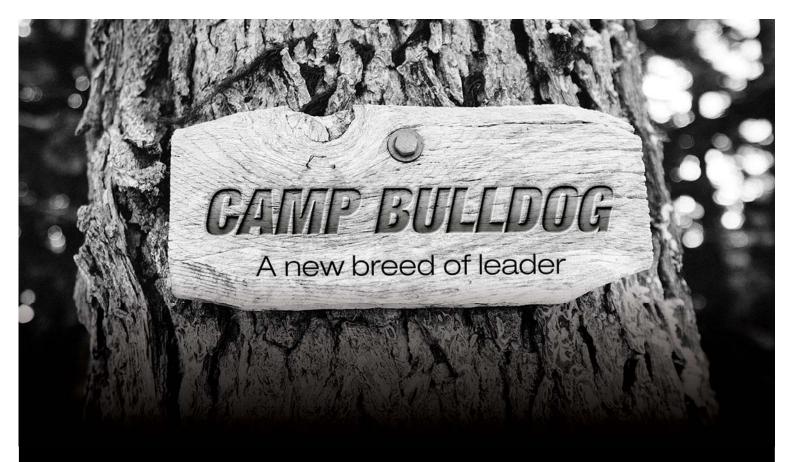


## Could be catchy. Some restrictions for school



Red eyes	Is the eye red and watery? The eyelids may also stick together on waking. This could be conjunctivitis which is highly contagious.	٠	Unless your doctor has diagnosed a non-infectious cause, keep your child home from school while there is discharge from the eye and speak to your pharmacist about a suitable product.
Stomach ache	This can often be hard for you to judge as it could be caused by a number of things including constipation and even anxiety. If there are no other symptoms such as vomiting or diarrhoea, you might consider sending the child to school.	*	You might ask your child if there is anything making him or her sad or worried.
Sore throat	A sore throat and runny nose, but no other symptoms.		You can also speak to your pharmacist about products suited to your child's age to help relieve a stuffy nose and soothe their sore throat.
Earache	Evaluate along with other symptoms, such as a fever. Common conditions of the ear include infection, inflammation and wax build up and some of these can be quite painful and uncomfortable.	•	Your pharmacist can provide advice on treatment options and refer you to a doctor where necessary.
Runny nose	A runny nose, but otherwise fine.		Speak to your community pharmacist about whether there is a suitable product, such as a chestrub and nasal relief product to help ease your child's stuffy nose.
Itchy scalp	Head lice can cause intense itching. They live and breed on the scalp and are easily passed from student to student.	+	Your local pharmacy will stock special combs as well as shampoos, cream and other products which contain a special insecticide.
Hay Fever	Some of the symptoms can include sneezing; a runny or stuffy nose; itchy ears, nose and throat; red, itchy or watery eyes and headaches.	•	Your pharmacist can help you choose the best medicine for your child's symptoms. This may be a nasal spray, eye drop or oral antihistamines. Some of these medications should not be taken with other medications.
		Medical Act	ion Plans
Asthma	Your child has been diagnosed with asthma.	+	Provide the school with your child's Asthma Action Plan and follow the school's policies with regards to medicine storage. Your pharmacist can also help ensure your child's asthma inhaler technique is correct.
Anaphylaxis	Your child has been diagnosed with anaphylaxis.		Provide the school with your child's Anaphylaxis Action Plan and follow the school's policies with regards to medicine storage.
Diabetes	Your child has been diagnosed with diabetes.	*	Most students with diabetes can participate fully in school activities. Make sure the school has your child's updated management plan. Speak to your pharmacist to make sure you (and your child if they are old enough) understand how to test their blood sugar; how to manage insulin levels and how to treat high and low blood sugar levels.

Visit www.findapharmacy.com.au to find your nearest community pharmacy





The Western Bulldogs Camp Bulldog initiative is a youth leadership camp developed for young people aged 10-14. The program uses the Western Bulldogs Football Club as a vehicle to inspire, educate and mentor young people to become social leaders in their community.

DATE: Monday 1 Oct 2018 – Wednesday 3 Oct 2018
 WHERE: Whitten Oval / YMCA Lady Northcote
 WHO: Kids aged 10 – 14 (at the time of camp)
 COST: \$385 per person

For more information email jenna.browne@westernbulldogs.com.au or go to westernbulldogs.com.au/campbulldog

# Women's Health Week 2018 **DADS & DAUGHTERS NIGHT**

Tues 4 Sept 5.30-7pm

28 Victoria St Ballarat

<u>Daughters</u> Self-Care activity

Teenage Brain Let's talk about health. relationships and self care.

headspa

Ballara

Dads

Understand the

An opportunity for dads and daughters (age 12-18) to work on positive relationships.

Call 5304 4777 to book.