BMG NEWS

15 AUGUST 2019

VOLUME 33, NUMBER 22





From the Principal

As you may be aware, last year 2018 marked the 30th Anniversary of the founding of the School. It was also the year the School developed the Woodlea Campus, which opened so successfully this year. Last year also marked the commencement of a three tiered sub-school model within the School, comprising the Junior, Middle and Senior schools.

To commemorate the School's 30th Anniversary and to recognise the School's multi-campus and sub-school structure, the School requested its uniform supplier, Noones, to design new school ties that would be representative of the two main campuses of the School and the sub-schools.

The new school ties are based on the traditional School Colours of "black", "blue" and "gold"; black has been chosen as the common colour that represents Bacchus Marsh Grammar, gold represents the Woodlea campus and blue represents the

Maddingley campus. Accordingly, the new Junior and Middle school ties for the Woodlea campus are black and gold and for the Maddingley campus the ties are black and blue. The new Senior school tie will be black, gold and blue to represent the School's main colours and the coming together of students of Maddingley and Woodlea in the Senior School.

The new school tie replaces the tie currently worn by students and will form part of the uniform of the School going forward. Please refer to the clarifications attached to the newsletter and also the School Uniform and Dress Code Regulation Policy for further information.

As part of celebrating the School's 30th Anniversary, we would like to gift all students of the School with an appropriate new school tie based on each student's campus location and sub-school. When required, future ties or additional ties may be purchased from the Maddingley on-campus Uniform Shop or through Rushfords in Werribee. New ties will be distributed to students in the coming weeks.

I hope you and your children will enjoy the new school tie design which we hope fosters a small degree of campus identity, within the more significant, broader identity as a student of Bacchus Marsh Grammar.

Mr Andrew A. Neal – Principal



Mid Term Break Friday 16 August - No School for Students and Staff

BMG SCIENCE NIGHT 2019 – Thursday 22 August Open to the BMG Community

Destination Moon! Come along to a night that celebrates **Science**. Check out the various student competitions, enjoy watching a demonstration by some of our expert science team, build your own model to take home, visit the observatory and take a snap shot of your night in the photography room.

<u>Time:</u> 5.00pm-7.00pm <u>**Location:**</u> Terraces Building and surrounds Maddingley Campus

Maddingley Junior School Showcase Assembly

It was great to see the large number of parents and grandparents that attended the Junior Showcase Assembly on Friday 9 August. The morning was filled with wonderful performances from our talented students in the Junior School. Performance opportunities such as these are in invaluable experience for our ensembles and instrumental students, as they not only provide students with an authentic music performance experience, but they also provide students with a goal for their weekly practice sessions.

Congratulations to all our Prep students on their first performance. The students were very well prepared and it was great to see that all the students in the Junior School supported the Preps by participating with the actions of the Sound Waves song.

I would like to thank Madelyn Hunter, one of the Year 6 Performing Arts Captains for hosting the assembly. Another huge thank you goes to all of the Music staff who have worked tirelessly throughout the year to prepare their students for their performances. These opportunities would not exist without the ongoing commitment from staff.

Could I please remind parents that while you are permitted to film and photograph your own child, you are not permitted to film or photograph anyone else's child without their parents' permission. Please refrain from posting any footage or photographs of our students on social media.

Mrs Nici Deller - Assistant Principal - Head of Junior School

National Book Week Celebrations @ BMG

This year, as part of National Book Week organised by the Children's Book Council of Australia, Bacchus Marsh Grammar is joining in the celebrations by hosting our very own Literacy Week from Monday 26 August until Friday 30 August. The theme of this year is "Reading is my Secret Power".

Throughout the week, during class, recess and lunchtime, there are many activities and competitions for students to participate in. All students from Prep to Year 8 will attend a visiting author/illustrator talk where they have an opportunity to engage with the author/illustrator and ask questions. Our Year 4 students will be involved in a writing workshop.

Key activities for each campus are listed below:

Literacy Showcase - Prep to Year 6

Parents are invited to attend the Literacy Showcase Assemblies. School Leaders will facilitate this exciting event and we look forward to the Year 3 and Year 4 students' performance, 'The Travelling Story' being read and the announcement of the winners that entered the story writing competition. Campus dates and times are listed below:

Maddingley: Showcase Assembly – Monday 26 August from 2.15pm in the John Leaver Gymnasium. **Woodlea: Showcase Assembly** – Monday 2 September from 9.00am in the Woodlea Gymnasium.

Dress Up Day

Maddingley: Dress Up Day (Prep to Year 12) – Wednesday 28 August Woodlea: Dress Up Day (Prep to Year 6) – Monday 2 September

Students are invited to dress up as their favourite literary character. They are allowed to arrive to school in their costume and they are to stay in their costume for the entire day. We recommend that students dress comfortably and that costumes be kept simple; it is not necessary to hire anything. Where possible, students are encouraged to bring a book to school that contains the character they are dressed up in.

Students can bring a gold coin donation on dress up day to support the work of the Indigenous Literacy Foundation, a not-for-profit charity that is focused upon improving literacy levels in Aboriginal and Torres Strait Islander communities. The Indigenous Literacy Foundation run core programs including the donation of thousands of free books to remote indigenous communities, organising literacy projects and hosting other fundraising campaigns. This vital work is instrumental in helping to bridge the literacy gap. More information about the Indigenous Literacy Foundation can be found at: https://www.indigenousliteracyfoundation.org.au/

National Book Week Celebrations @ BMG Continued.....

Poetry Competition

Students in Years 7 to 12 are invited to participate in this year's POETRY COMPETITION. The theme of the competition is 'HOME'. Students are to consider what this means to you and others.

The poem can be composed in any style, but must be handwritten. There is only one poem per entrant allowed. Please submit entries to Room M1 in the box labelled Poetry Competition. Entries are due by Wednesday 21 August. There are great prizes to be won and these will be awarded for Years 7 to 9 and Years 10 to 12. Students should see Mrs Clark or Mrs Hunter for more details.

The BMG Literacy Team

Prep Pizza and Pyjama Day

Maddingley Campus

What perfect weather the Preps had to celebrate the 'P' sound by wearing their pyjamas last Thursday – it was freezing cold and we were snug as a bug! Everyone came along in their winter woollies and had a fabulous time writing, making and reading about all things 'P'. We made some cheeky llamas in pyjamas with some colourful patchwork quilts and had our photos taken so that we could write about how warm and cosy our pyjamas were to wear to school on a winter's day. We then finished with everyone enjoying some hot, yummy pizza for lunch together on the deck.



Mrs Kylie McKerrow - Maddingley Prep Coordinator



Woodlea Campus

Friday brought a buzz of excitement to the classrooms as they arrived in their pyjamas for our special 'Prep Pyjama and Pizza Day'. The students celebrated all things 'P' feasting on a pizza picnic lunch while enjoying the Llama Llama story Pyjamas. Prep WC completed a directed drawing of a penguin which can be viewed in the internal hall outside the classroom. Prep WA, WB and





WD coloured their own PJ designs. The Year 6 buddies also came to visit and read stories with us.

Ms Nicole Mill -Woodlea Prep Coordinator

Nepal Study Tour 2019

In 6 weeks' time, thirteen brave students from Years 10 and 11, along with four teachers, will be travelling to Nepal to embark on an amazing opportunity and a challenge of a lifetime. Staff and students will set off on the Saturday 21 September and spend twelve days exploring and trekking the sights of Kathmandu, Pokhera and the surrounding Himalayan Mountains along the Annapurna Conservation Track.

Bacchus Marsh Grammar students, with the support of World Challenge, will take on an opportunity of a lifetime, to help open the students' minds and broaden their experiences. BMG students have begun participating in team-building and skill development programs in the lead up to the expedition.

Participants include: Aaliyah Bise, Indiana Bowden, Alarni Christie, Samuel Davey, Ally Eley, Cherleynah Falzon, Sydnie McCallum, Ainsley Reardon, Miles Seager, Prue Soley-Howlett, Ellen Vass, Josh Wallace, Mia White, Mr Leigh Park, Mr Ben Davie, Mrs Debra Ogston and Mrs Helena Stratakos.

Maddingley Junior School Sport

Victorian Interschools Snowsports Championships



We wish the Bacchus Marsh Grammar Snowsports team good luck as they head to Mt Buller for the Victorian Interschool Snowsports Championships next week. Our students will be competing in a range of events, including Alpine Giant Slalom, Snowboard Giant Slalom, Freestyle Ski – Moguls and Skier Cross.

Students competing are the amazing Wray sisters; Summer, Kaylee and Tayla. And for her first time, Tahlia Srbinovski.

Watch this space in the coming weeks for results.

Hockey 7's and Soccer Finals

Well done to our Junior School Boys and Girls Soccer teams who competed Western Ranges Division round last week, and to our Mixed Hockey 7's team who competed in the Western Region Finals on Monday.

Despite playing their best in all matches, the Girls Soccer team did not quite manage to get a win on the board, whilst the Boys Soccer team finished the day with the 1 win. The Hockey 7's team played their 3 games hard and fair, and proved that winning isn't everything.

All teams are to be commended on their sportsmanship, team spirit and competitiveness. Well done to Miss Lauren Baker (Girls Soccer) and Mr Brendan McLoughlin (Boys Soccer) and Mrs Michelle Elcoat (Hockey 7's) for guiding our teams to this level of competition.

Mr Nick Sher – Maddingley Junior School Sport Coordinator

Senior Sport

ICCES Summer Competition

This year's Summer ICCES Competition sees a round robin format tournament to be held between Bacchus Marsh Grammar, Braemar College and Goulburn Valley Grammar in Ballarat on 20 October. Mustang competitors have been busy with training and selection for their respective teams that will include;

- -Girls Softball Prince of Wales Park, Ballarat
- -Boys and Girls Cricket Victoria Park, Ballarat
- -Boys and Girls Volleyball Ballarat Basketball Centre, Hollioake Park, Ballarat
- -Boys and Girls Tennis Hollioake Park, Ballarat
- -Golf Creswick Golf Club, Creswick

The competition will start at 9.00am and conclude in Ballarat at 4.00pm. There will be more information to follow.

Senior Sport Continued.....

Elite Sport Applications Year 9 and 10

Currently application forms are available for students wishing to apply for the Year 9 and 10 Elite Sports Program Elective. All applications need to be accompanied by a coaching reference. Application forms are available from the PE office and are due in on Thursday 29 August. Physical Fitness Testing for applicants will take place in the gymnasium after school on Monday 26 and Tuesday 27 August.

Individual Student Achievements

Congratulations to our Athletes

Congratulations to the following athletes who represented Victoria at the Australian Karate Federation National Championships from 1 to 3 August in Launceston, Tasmania:

- Jacob Attard, Year 10 Gold Junior Kumite, Silver Team Kumite
- Justin Robins, Year 5 Silver 10/11 Kumite
- Eliza Wales, Year 11 Silver team Kumite
- Amy Thistlethwaite, Year 10 Silver team Kumite
- Emilee Attard, Year 8 Bronze 12/13 Kumite
- Jamasyn Maier, Year 6 (Woodlea) Bronze 10/11 Kumite
- Charlie Oughtred, Year 6 Bronze 12/13 Kumite

The following students were also selected and represented Victoria at the National Championships: Chloe Elcoat - Year 10, Blake Elcoat - Year 8, Kyle McInnes - Year 8, Fletcher Oughtred - Year 5.

This is an outstanding effort by all our students and a brilliant performance by Shindo Karate in Bacchus Marsh.

Mr Andrew Perks - Director of Sport

Science Night 2019

'Destination Moon: more missions, more science' is the whole school theme for National Science Week in 2019.

To discover and investigate not only past space programs and missions to the Moon, but also the new and innovative space programs, operations and missions of today, and those planned for the future.

WHEN: Science Fair Thursday 22 August 5pm to 7pm Open to the BMG Community

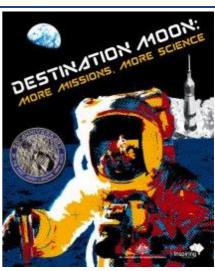
WHERE: Maddingley Campus - Terraces Building – (W-Block)

WHAT'S ON: Come along to a night that celebrates Science. Check out the various student competitions, enjoy watching a demonstration by some of our council science team, build your own model to take home, vicit the absorptions.

expert science team, build your own model to take home, visit the observatory and take a snap shot of your night in the photography room. More activities include:

- Talk to the students in the Science Fair Competition
- Mission Patch Design Competition
- Colouring in Competition
- Student Artwork Displays
- Survival on the Moon Challenge
- Miniature Rocket Launch/Chemistry Show
- Try out the Science Food Quest Mission
- Visit the Observatory
- Science-Vo Photography Room
- Balloon Rockets

- See a working Harmonograph
 Drawing Machine
- Make a model of the Space Shuttle
- Build a Kaleidoscope
- Watch Science clips/films
- and more



Junior and Middle School Chess - Maddingley and Woodlea

Tornelo Chess Tournament

BMG Students from both the Maddingley and Woodlea Campuses recently attended and competed in their first Tornelo Chess Tournament for 2019. The tournament brings together and features the region's best primary school age chess students.

Across a number of divisions students competed in a test of strategy, patience and perseverance against students from Candlebark, Clarendon, Buninyong, New Gisborne and Woodend. This is also the first time BMG has had opposing teams with the school having two teams, BMG Maddingley and BMG Woodlea.

All students are to be commended for giving their best efforts throughout seven gruelling rounds. BMG Woodlea placed 5th and BMG Maddingley placed 6th in the overall tournament.

Mr Andrew Clare - (Maddingley) and Mr Nicholas Panczel (Woodlea) P-6 Chess Coordinators

LOTE Department Thank you

Host Family Thank you

A BIG thank you to all the host families involved in the recent Japanese exchange program with our sister school in Kumamoto. Thank you for opening up your homes and giving the Japanese students a small taste of the Australian way of life. The LOTE department and I appreciate your efforts and care very much.

Mr Michael Love and the LOTE Team







Student Wellbeing

Encouraging Resilience in your child.

What is resilience?

Resilience is the ability to cope with change and challenges – to 'bounce back' and recover when things go wrong. Ups and downs, change and challenges are a normal part of life and everyone goes through periods of feeling stressed, angry or unhappy. Using healthy coping skills to deal with stress can help your child to pay attention, use higher level thinking skills and learn new facts and ideas.

Resilience involves behaviours, thoughts and actions that can be learned over time. Here are some tips for encouraging resilience in your child.

Strong relationships

Encourage your child to develop a wide social circle of friends through school and extra-curricular activities. By encouraging strong relationships and good communication, your child will have the opportunity to talk about important issues affecting them and feel supported when they experience life's inevitable disappointments and hurts.

Self-respect

Self-respect is very important to building resilience. When your child believes in themselves, they will have the confidence to handle challenges and disappointments when they occur.

Values

Resilience is linked to character traits such as kindness, honesty and empathy. Doing things to help others or 'make a difference' can help build children's sense of worth and strengthen their resilience.

Change is part of life

Help your child understand that change is part of life, and that changes can be positive. Talk about how people grow and learn new things through change. Encourage your child to think about how they have already changed and grown so much since they started school.

Onwards and upwards

When your child experiences a difficult situation in their lives, try to talk to them about it and give them your encouragement and support. Let them know everyone goes through troubles and that bad times don't last forever.

Self-care

Encourage your child to eat properly, exercise and get enough sleep – and make sure they have 'down-time' to just relax have fun. Making sure your child is healthy and has time for fun will help them stay balanced and better able to deal with stressful times.

Adapted from <u>Learning Potential website</u> by the Australian Government.

Student Wellbeing Team

Student Activities

Father's Day Stall

Maddingley Campus - Thursday 29 August 2019
Woodlea Campus Friday 30 August 2019

BMG is hosting a Father's Day stall for Students in Year Prep Reception—Year 6 at both Maddingley and Woodlea Campuses. There will be a range of gifts to choose from for the special men in their lives. All gifts are \$5.00 each.

Gifts are required to be pre-paid online through the Qkr App, Father's Day Stall Tab.

Please ensure you select the correct campus tab for your child/ren: Maddingley or Woodlea no later than 11am Monday 26 August.

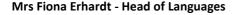
Students will visit the stall at allocated times during the school day. Please do not forget to send along a bag to ensure the gifts make it home safely. If you have any further questions please contact Mrs Perconte on 5366 4800.

France Exchange Study Tour

Deposit payments for students who have expressed interest and wish to be part of the 2020 France exchange study tour are now required and must be paid by Friday 23 August. The trip is scheduled to take place in March / April 2020.

This is an amazing trip and a wonderful experience for your child. Students spend a week in Paris and 18 days in Lyon. Students learn about French history, culture and a visit to the Australian War Memorial in Villiers-Bretonneux which is a very special experience. The trip is a fantastic opportunity to make friends and learn about school life in France. In Lyon our students are hosted by families at our sister-school, and their host students then visit us at BMG in July next year.

If your child is currently in Years 8-10 and you would like them to be a part of this study tour please contact Mrs Fiona Erhardt on 5366 4800 or via email erhardtf@bmg.vic.edu.au.





Premier's Reading Challenge



Congratulations to the following students and classes who have recently completed the Premier's Reading Challenge; Amelia Whiteway 4B, Lynette General 4A, Matthew Navarro 4D, Paras Singh 4D, Akhil Kanneganti 4D, Banjo Loong 4D, Liam Jackson 4D, Sahil Pandey 5WB, Keisha Tau 6D, Sehajvir Grewal 6D, Ruby Thomas 6D and Hunter Kavanagh 6D.

BMG SRC News

Maddingley Campus

The SRC will be running lunchtime screenings of environmentally conscious short films/documentaries for the remainder of Term 3, starting in Week 3 every Friday in the Lecture Theatre for Years 6-12. Some of these are rated 'PG' due to 'frightening scenes'.

This year, we are fundraising with a difference! To tie in with the environment the SRC will be collecting bread tags as entry to the Lecture Theatre and donating them to a charity that uses the plastic when making wheelchairs. They explain that "Bread tags for Wheelchairs" is a community program where individuals and organisations collect bread tags to be sold to plastics recycling companies (Australia's company of choice is Transmutation, located in South Australia). More information can be found at the following website "Bread tags for Wheelchairs"

At Transmutation the bread tags are repurposed into a range of products such as seedling trays, picture frames, door knobs, coat hangers and more. That's not all though – the money earned from selling the tags is used to buy wheelchairs for people who can't afford them (purchased through local pharmacies). How's that for a circular economy?" Please see Miss Bowers if you have any questions.



Miss Caitlin Bowers and the SRC Team

ICAS - Maddingley & Woodlea

University of New South Wales Competitions

Science, English & Mathematics Competition

International Competitions and Assessment for Schools (ICAS)



Bacchus Marsh Grammar will be participating in the world-renowned ICAS Assessments this year. ICAS is developed by UNSW Global, a wholly owned subsidiary of the University of New South Wales, with over 35 years experience in educational assessments.

ICAS is an academic competition and selected students have been invited to participate. If your child has not been selected and you would like them to participate, you can enter them via UNSW Global Assessments online portal.

Please collect a notice from the Administration office with additional information and instructions on how to enrol your child into the ICAS competition for 2019.

School Information

Car Parking

The school provides a significant car park for parents and others. The carpark is staffed and controlled at a level that is not seen at many schools. The car park still, however, requires the common sense and cooperation of all users if it is to operate efficiently.

A particular problem at the moment is individuals parking and leaving their cars in the drop off zone or remaining seated in their cars and waiting often for extended periods in the drop off zone. This zone is designed for you to quickly drop off or pick up students and is not to be used for extended parking.

Another issue is the attitude of a small number of people using the car park, who seem to believe that because they pay school fees the parking conditions do not apply to them. The parking conditions which are not onerous are designed for the safety of students and ease of access for all. Paying school fees does not give you the right to be rude or ignore the directions of staff responsible for enforcing or managing the car parking areas.

I would ask for parents to be mindful of their behaviours in the car park and if they are not modelling the kind of behaviours of safety and cooperation that the school wants to see that they collect their children outside the school boundaries.

Mr Andrew A. Neal - Principal

Conveyance Allowance

Families in rural and Regional Victoria can get help with the cost of transporting their children to their nearest school or campus. This is known as the conveyance allowance.

The conveyance allowance is available to students travelling by:

- public transport
- private car
- private bus
- or to students whose nearest school is not serviced by a free school bus.

The conveyance allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Eligibility

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible;
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary;
- reside 4.8km or more by the shortest practicable route from that school/campus attended; and
- be of school age at the time of application, and reside in Victoria.

Please note that a Private Bus or Private Car conveyance allowance is not available if the journey could have been made using a free school bus or public transport service.

Following a recent decision by the Student Transport Unit of the Education Department, it appears that there may be some movement the way the Department makes a judgement on what is the nearest appropriate school. This comes after considerable work by the school on your behalf.

Conveyance Allowance Continued....

If your decision to send your children to Bacchus Marsh Grammar was because you felt that it was the nearest appropriate school that both respected ecumenical values but did not require your child to participate in religious instruction or religious celebration; then you may (subject to other Conveyance Allowance rules) be eligible for the Conveyance Allowance.

If this statement applies to you, whilst I can make no guarantees, I believe it is in your interest to submit a Conveyance Allowance Application for 2019. The application should be accompanied by a simple letter, stating the reasons why you believe Bacchus Marsh Grammar is the nearest appropriate school, because of its values and its lack of a requirement to participate in religious instruction or religious celebration of any particular faith.

Please contact Kerryn Browne for an application form or for further information on 03 5366 4800.

Ms Kerryn Browne - Risk, Compliance and Policy Manager

BMG Community Contacts

Bacchus Marsh Grammar - On Campus Uniform Shop - from Ms Trish Shilton

Woodlea Parents - Please Note:

The Wednesday delivery service is a volunteer service that I provide. Therefore, I may not be able to deliver every Wednesday due to unforeseen circumstances. If you need anything urgently please refer to the On Campus Uniform Shop hours or contact the Werribee Store on 9741 3211 opening hours.

On Campus (Maddingley) Regular Term Open Times and Days

 Monday
 12.30pm – 4.30pm

 Wednesday
 8.00am – 12.00noon

 Friday
 12.30pm – 4.30pm

On Campus Phone Orders - 5367 4072

Both Maddingley and Woodlea parents are welcome to make phone orders and pay with a credit card. Orders will then be delivered at Maddingley through the pigeon hole system to classes or tutor groups, and to the Woodlea Campus Reception on Wednesday afternoons.

Out of School Hours Care (OSHC) - YMCA Ballarat

YMCA Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

The relevant enrolment forms are available via the <u>school website</u>. Holiday program information for the term break is also available along with relevant booking forms.

Maddingley Campus: South Maddingley Road, Maddingley, Victoria 3340

Woodlea Campus: Frontier Avenue, Aintree, Victoria. 3336

Email: chrissie.ashmore@ymca.org.au Phone: 0490 178 638 W: www.ballarat.ymca.org.au

Maddingley: Woodlea:

bacchusmarsh.oshc@ymca.org.au Woodlea.OSHC@ymca.org.au

0438 154 842 0490 490 362

Regular Contacts

Student Absentees

Maddingley Campus

Absentee Line 5366 4888 or Absentee Email – <u>maddingley absentees@bmg.vic.edu.au</u> Woodlea Campus

Absentee Line 5366 4988 or Absentee Email – woodlea absentees@bmg.vic.edu.au

Maddingley CampusWoodlea CampusWoodlea Early Learning CentreSouth Maddingley Road111 Frontier Avenue5-7 Quarry RoadBacchus Marsh VIC 3340Aintree VIC 3336Aintree VIC 3336P +61 3 5366 4800P +61 3 5366 4900P +61 3 5366 4999

F +61 3 5366 4850 F +61 3 5366 4950

General School Email: school Website: www.bmg.vic.edu.au



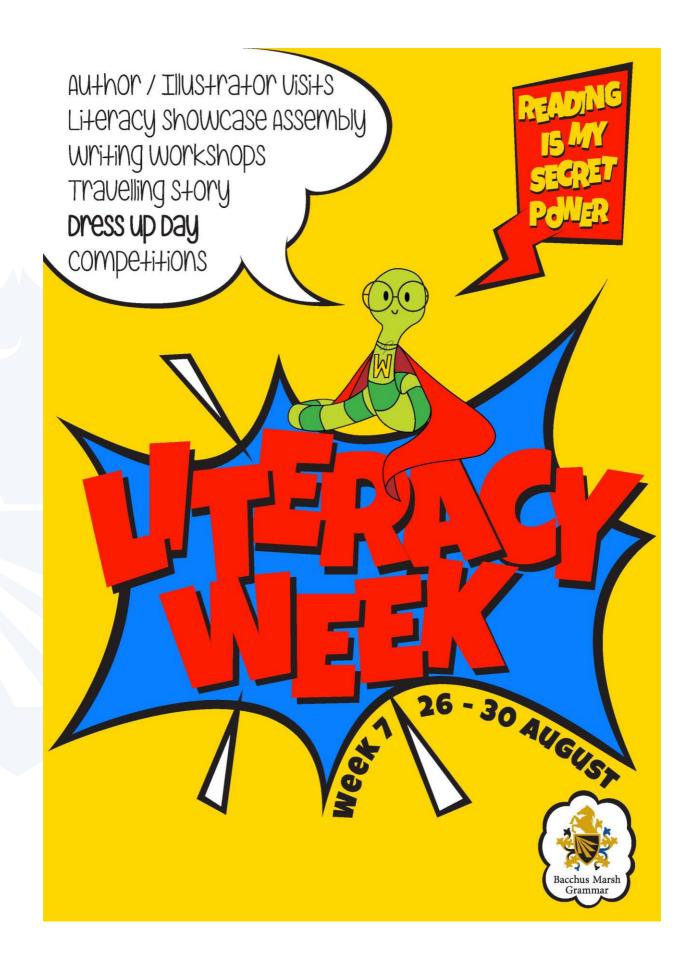
Points of Clarification regarding new school ties

- The black/gold tie to be worn by students of Woodlea Years Prep to 8
- The black/blue tie to be worn by students of Maddingley Years Prep to 8
- The gold/black/blue tie to be worn by all students of Years 9 to 12
- Primary girls may continue to wear the "cross-over tie" as an alternative to the new style of ties.
- Transitional rule 1: The current BMG school tie may be worn for the remainder of 2019 before becoming past uniform in 2020
- Transitional rule 2: Students commencing Year 9 in 2020 may continue to wear their current black/blue Tie whilst in Year 9. However, it is expected that these students will have a senior tie from the commencement of Year 10 in 2021.



Ties: Left to Right

Woodlea P-8 (black/gold), Maddingley P-8 (black/blue), Senior Tie 9-12 (black, gold & blue)



Supported **Social Activities**

Assisted community participation for people with disability who cannot access NDIS

Do you need assistance to participate the community but don't have NDIS support?

Pinarc has been granted funding through Home and Community Care (HACC) to provide programs to help you.

Pinarc can offer social activities, day trips, weekends away, sporting groups, or access to existing Pinarc Group Programs. Support ratios will be 3:1. Higher ratios are possible if required.

We are looking to begin social and recreational programs for teens and young adults on the autism spectrum as soon as possible.

Tell us what interests you!

Eligibility:

- Ages 6 65
- Have a disability
- Do not have an NDIS plan.

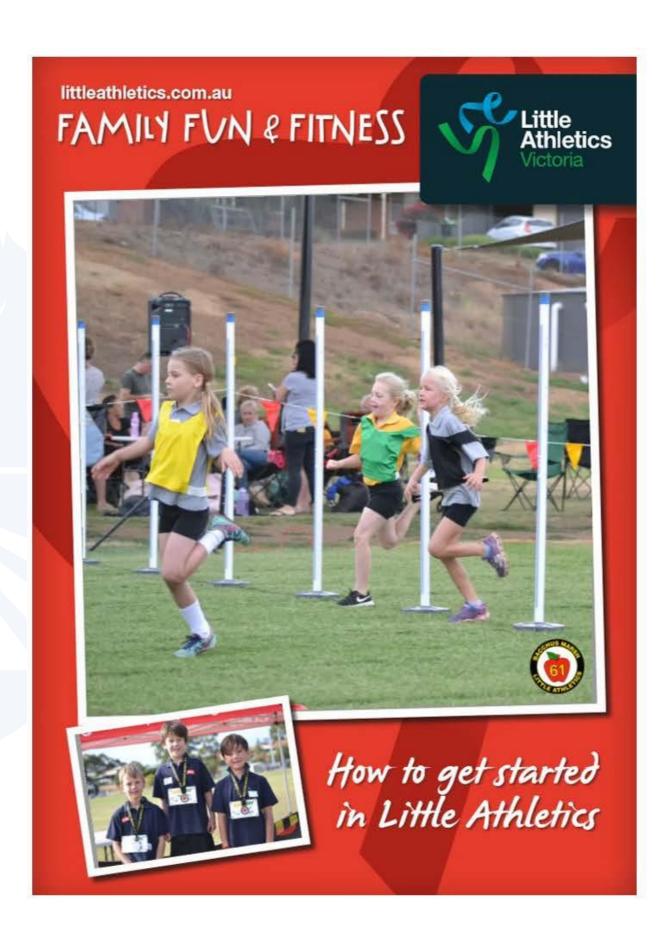
How Much Does it Cost?

Participants will pay only for activity costs such as food or movie tickets. Coordination and Support workers will be funded.

Expressions of interest welcome

Contact: Sara Cavanagh Ph: 5329 1348 Email SCavanagh@pinarc.org.au





Who can do Little Athletics?

Bacchus Marsh Little Athletics is able to cater for children from 5 to 15 years of age and able to cater for athletes with a disability. No matter what your skills or ability Little Athletics is all about family, fun & fitness and making sure you can be your best.

How will I learn?

Bacchus Marsh have coaches to help you improve and learn about athletics so you can get the most out of your involvement with Little Athletics. Learning is fun and in no time you will see your personal best (PB's) performances improve.

What are the benefits?

If you are fit it makes you feel good about yourself and you have the energy to do anything. Young people who take an interest in sport are more likely to stay fit for life.

What does my mum, dad or family have to do?

Apart from making sure you get safely to and from Little Athletics, your mum and/or dad or your family make great helpers and officials and coaches of the future. Organising, raking, recording, directing and measuring are all jobs families and helpers are asked to do.

What events can I do?

Depending on your age group Little Athletics offers: Sprints, Middle and Long Distances, Hurdles, Relays, Shot Put, Discus, Javelin, High Jump, Long Jump, Triple Jump and Cross Country.



You will find no shortage of friends or friendships at Little Athletics! Little Athletics has provided a friendly environment for over 50 years with millions of Aussies enjoying their experience. If you are uncertain or a little shy, bring your best friend and do Little Athletics together.

How do I join?

Simply visit our website to register online. You can join at any time.

Run, Jump, Throw, have fun and be healthy.

When does the season start?

2019/20 season starts on Saturday 5th October at 8.30am

Come and Try Day on Saturday 5th October at 8.30am. 2 weeks free trial for new athletes.

Register by October 1st and go into a draw to win back your registration fee.



Call BMLAC Registrar Alli Grant 0409 322 983

www.bacchusmarshlittleathletics.org.au

Venue:

Masons Lane Reserve Young Street Bacchus Marsh

NATIONAL NAMING RIGHTS PARTNER:



STATE GOLD PARTNER

