

BMG NEWS



Doctrina Vitae
Bacchus Marsh
Grammar

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International Week 2021



Over the last two weeks students have embraced International week at both Maddingley and Woodlea campuses. They were fortunate to experience a variety of lunchtime activities. Activities ranged from Japanese Taiko drumming, traditional dancing to multicultural Art activities. It was wonderful to see students from Prep to Year 12 participate and learn more about other cultures and languages and for our students to perform at both campuses showcasing their incredible talents. Our multicultural dress up day at both campuses was enjoyed by everyone, raising over \$2,000 to help support the Royal Children's Hospital. We thank our school community for their wonderful support.

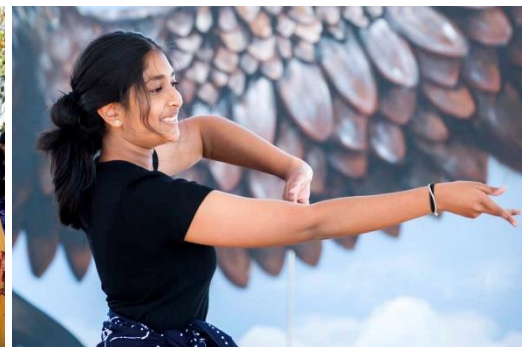
Maddingley and Woodlea LOTE Teams



Music Department - International Week

Congratulations and thank you to all students who shared their talents at our recent lunchtime concerts in celebration of International Week. Our wonderful audiences were treated to performances with influences from Japan, France, India, Pacific Islands, Sri Lanka, China, Germany, Portugal and Serbia. Students can be very proud of the manner in which they represented the rich cultural diversity at Bacchus Marsh Grammar. Thank you once again to staff for promoting and supporting these events.

Mr Steven Bell - Director of Music



Note: More photos from the activities and performances can be viewed via the [school website](#) and will feature in our quarterly edition of the Grammarian.

The PODIUM - Optimal Academic Performance



Last week, the Unit 3 and 4 Outdoor Environmental Studies students completed their Forest Expedition experience at Barmah Lakes National Park. The program saw the students immersed in the Unit 3 Outcome 2 VCE curriculum in a practical setting, highlighting contemporary relationships with the natural environment. Students participated in a heritage educational tour at the Nathalia Forests Heritage Centre as well as an environmental eco-tour on the Murray River with Kingfisher Cruises where students learnt about water management, environmental water flows, biodiversity and agricultural water uses. Group discussions were held with the Joint Management Yorta Yorta and Parks Victoria Rangers and students also canoed along Broken Creek and discussed the irrigation flows and water regulation. These expeditions within the VCE Outdoor

Education Study are vital in drawing upon practical knowledge alongside the theoretical components learnt in class and have been instrumental in allowing students to obtain outstanding marks in the first School Assessed Coursework outcomes.



The PODIUM - Optimal Academic Performance - continued

Congratulations to the following students who achieved outstanding Academic Results in their first Assessment task:

Aseka Ratnayake
Amelia Gionzago
Odin Otteraa
Sarah McInerney
Madeline Wilson
Iesha Spiteri
Anzac Pirika

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

Sleep and Academic Performance

Sleep is associated with a range of cognitive activities such as attention, insight, divergent thinking, decision making, speech, and most notably, learning and memory. The above mentioned cognitive activities seem intuitively important for academic performance; therefore, it is reasonable to suppose that sleeping behaviours and patterns might also influence academic achievement in our students.

As our students progress through their schooling years, sleep patterns are likely to change due to such things as class schedules, sporting pursuits, part-time employment and lifestyle choices.

Research suggests there are four fundamental sleep patterns associated with academic achievement: sleep amount/quantity, sleep quality, sleep regularity and sleep phase schedules. Specifically, sleep restriction, poor sleep quality, irregular and late sleep schedules are associated with poorer school and academic performance. Therefore, it is incredibly important that, in order for our students to perform at their optimal academic levels, they are obtaining the right amount of sleep each night.

The highly regarded English scientist and Professor of Neuroscience and Psychology at the University of California, Matthew Walker suggests;

- Carve out enough time and make sleep a priority.
 - Students aged 6-12 years need 9 to 12 hours
 - Students aged 13-18 years need 8-10 hours
- Regularity is KEY - go to bed at the same time and wake up at the same time, no matter what.
- Sleeping in late creates "social jetlag" which has serious negative consequences - regularity of sleep is key.
- Keep the temperature cool - your body needs to drop its core temperature 2-3 degrees to fall asleep.

What can parents do?

- Model and encourage habits that help promote good sleep. Setting a regular bedtime and rise time, including on weekends, is recommended for everyone — children, adolescents and adults alike. Adolescents with parent-set bedtimes usually get more sleep than those whose parents do not set bedtimes.
- Dim lighting. Adolescents who are exposed to more light (such as room lighting or from electronics) in the evening are less likely to get enough sleep.
- Implement a media curfew. Technology use (computers, video gaming or mobile phones) may also contribute to late bedtimes. Parents should consider banning technology use after a certain time or removing these technologies from the bedroom. Studies have shown that the blue light emitted from these technologies hinder sleep quality. Technologies like mobile phones and iPads should not be used within 30 minutes of bedtime.

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

Maddingley - Middle School Performing Arts Club

The Middle School Performing Arts Club will now be rehearsing after school on a Thursday not Wednesday as previously advertised in the school newsletter. We apologise for any inconvenience. Rehearsals will commence on Thursday 13 May in Wilson Hall from 3:10 pm to 4:20 pm. We look forward to the start of this wonderful new club!

Ms Natasha Davey

Senior School News

This week in assembly students were informed that examinations for the Senior School (Year 9 to 11) will commence at the end of Week 7 and go for the whole of Week 8. Students have been asked to start preparing themselves for examinations. Students can do this by ensuring they are working to the best of their ability in class and start preparing revision material now. I would encourage all student who may feel unsure about how to revise effectively to speak to their Tutor Group Teacher about this.

I would also ask students to focus on their attitude towards their learning and how this can impact their approach to upcoming examinations. Students need to ensure that all class time is used effectively by being prepared for class, by being courteous and respectful to other students and the staff, enabling a conducive and productive learning environment. They should be willing to try their best in every class, allowing them to make the most of every opportunity to learn and engage in school life.

A reminder that school photos are next week and it is the expectation that all students will be in full school uniform for these photos.

Mrs Erin Thornton - Head of Senior School

BMG supporting Cancer Council's Biggest Morning Tea



Students within the Year 9/10 Hospitality Café program are culminating a semester's work by hosting a series of light lunch events throughout the last week of May, supporting the Cancer Council's Biggest Morning Tea and celebrating the return of guests to hospitality functions at BMG! The three events, each hosted by a separate class, will offer guests a selection of savoury and sweet items, warm and cold beverages and live musical entertainment.

Each event will also be accepting cash donations. To donate online - please visit: [Australia's Biggest Morning Tea](#).

To book please visit [TryBooking](#) to get your ticket:

WHERE:	Bacchus Marsh Grammar Maddingley Campus - BMG Café
DATES:	Tuesday 25 May at 1.00pm, Thursday 27 May at 12.40pm, Friday 28 May at 1.00pm
TICKET PRICE:	\$5.00 per ticket (plus \$0.50 booking fee)
BOOKING LIMITS:	4 tickets per group

Mr Jaike Ludewig - Learning Area Coordinator: Food Technology

Maddingley - Junior and Middle School Sport Updates

BMPSSA Cross Country Carnival

Well done to the students who represented BMG at the BMPSSA Cross Country Carnival. We had 24 students who finished in the top 10 of their respective races and will now progress to the Divisional Championships on Wednesday 26th May at Presidents Park, Wyndham Vale.

Congratulations to the students below who finished in the top 3.

9/10 Girls	9/10 Boys	11 Girls	11 Boys
1 st – Myah Estlick 2 nd – Iyla Robinson 3 rd – Annie Thomas	1 st – Harrison Lovett	1 st – Austin Shea 2 nd – Josephine Gribbin 3 rd – Anika Tran	1 st – Harry Metcher 2 nd – Jack Gent
12/13 Girls	12/13 Boys		
1 st – Coco Burt 3 rd – Aisha Lidgett-Egan	3 rd – Xavier Johnston		

BMPSSA Athletics Carnival

Congratulations to all 63 students who represented Bacchus Marsh Grammar at the BMPSSA Athletics Carnival. All competitors who placed first and second in individual events and relay teams will progress to the Divisional Championships on Thursday 9 September at Bridge Road Athletics Track, Melton. BMG has 25 students in individual events and all 6 relay teams will compete. Amazing results, well done team!

Congratulations to the students below who won their overall events on the day.

100m	200m	800m
9/10 Girls – Myah Estlick 9/10 Boys – Harrison Lovett 11 Girls – Ava Radolovic 12/13 Girls – Leila Stegehuis	9/10 Girls – Layla Mauriohooho 9/10 Boys – Harrison Lovett 11 Girls – Anika Tran 11 Boys – Patrick Lovett 12/13 Boys – Tylar Forsyth	11 Girls – Jasmine Coady 11 Boys – Patrick Lovett 12/13 Girls – Coco Burt
Discus	Shot Put	High Jump
9/10 Girls – Sehaj Dhaliwal	9/10 Boys – Reyansh Patidar 11 Boys – David Elefterescu 12/13 Boys – Luke Berry	9/10 Girls – Myah Estlick
Long Jump	Triple Jump	
9/10 Girls – Ruby Westhead	12/13 Girls – Leila Stegehuis	

Mr Brendan McLoughlin – BMPSSA: Sports Coordinator

2021 Overall Middle School House Athletics Shield Results

Congratulations to Year Level Champions:

MADDINGLEY	
U/11 Female Champion Austin Shea - PD	U/11 Male Champion Liam Collins - HI
U/13 Female Champion Coco Burt - BR	U/13 Male Champion Tylar Forsyth - BR
Yr07 Female Champion Mackenzie Estlick - HI	Yr07 Male Champion Ethan Bloss - HI
Yr08 Female Champion Emma Stewart - BA	Yr08 Male Champion Ethan Stegehuis - BR



Middle School House Athletics Results

Congratulations to Braeside as the overall winner!

PLACE	HOUSE	POINTS
1 st	Braeside	2,812
2 nd	Pentland	2,766
3 rd	Hilton	2,630
4 th	Bacchus	2,452

Mr Evan Long - Coordinator: Head of Houses

Notification for changes to pick-up arrangements or appointments

Please ensure that any changes to your child's pick-up arrangements or notifications for collection to attend appointments during the school day are communicated through the school diary. This applies to both campuses.

For last minute or urgent changes to pick-up arrangements, please contact Maddingley Reception on 03 5366 4800 or Woodlea Reception 03 5366 4900 prior to 2.15pm.

Science

Environmental Science Excursion



On the 23rd of April, the Pre-VCE Environmental Science students of Bacchus Marsh Grammar journeyed to the Queenscliff Marine and Freshwater Discovery Centre as well as the Barwon Bluff. We had the chance to touch many different creatures such as sea stars and periwinkles in the touch tank.

On the rocky platforms of Barwon Bluff, we developed many of our skills. Some of them included species identification of intertidal animals and seaweed, as well as using transects and quadrats to estimate population size. A better understanding was gained of the conditions many sea creatures have to endure and have adapted to allow them to survive in their environment. Through this experience, an awareness was grasped of the effect that pollution and climate change will have on the biotic and abiotic components of the environment. Although the conditions were not as good as we had hoped, we liked the view of crashing waves. It was a very enjoyable “wave” of events.

Tanisha Peel 9F



Woodlea – Year 6 Science News

Year 6 students have been studying Earth Science with a focus on Natural Disasters. On May 5th, all students attended Staughton Vale to complete a fire assessment walk of the farm’s different areas. They learnt how trees have various adaptations to cope with fire and even promote fire in the landscape. Another session included the Rock Cycle and the way different rocks are formed. A simulation of rock types was completed. It was a great opportunity to complete our Earth Science curriculum at the campus. Last term the students worked on identifying leaf critters and also constructed food webs.

Bacchus Marsh Grammar and the Bureau of Meteorology have a STEM partnership run by the CSIRO since 2020. Year 6 students had a guest speaker, Meteorologist and Flood Forecaster, Dr Nadeesha Dharmasiri present to their class. She taught students about how floods form, their impact and her role. They completed their own flood forecast using real life data. Students completed their own Flood Modelling task in the session.

Overall, it was a fantastic week of real life activities in Science using the natural environment of Staughton Vale and linking knowledge of floods using data from the Bureau of Meteorology.

Mr Nicholas Panczel - Year 6 Coordinator & Mrs Li Richardson - Science Coordinator

Student Wellbeing

Can our mood change with the weather?

A change in the weather can change our mood and perhaps our behaviour without us even noticing. The weather is something that is out of our control and yet has the potential to influence us and our children's moods and emotional regulation. Behaviours, tolerance and attention are just some of the things that can be affected by weather. Research has shown that changes in the weather can have a fairly profound effect on people's moods. For example, sunny days are associated with high moods and days that are colder and wet tend to be more upsetting. Winter weather has shown to make children engage more with other people, perhaps due to the weather making them feel more uneasy, therefore they seek out more company. Thunderstorms, which of course can occur all year round, can potentially increase a child's feelings of anxiety or distress. Less time to play outside during wintry conditions means a reduction in physical activity, this may lead to restlessness and irritability. If you notice a change in your own or your child's behaviour, consider the following mood boosters.

- Exercise outdoors - Some recent studies have found people report a higher level of enthusiasm and self-esteem, and a lower level of tension and fatigue, after they have exercised outside.
- Try to let more sunshine in - Vitamin D is known as the sunshine vitamin because we can get our daily dose just by spending some time in the sunshine.
- Less screen time - Children are particularly at risk of watching excessive amounts of television, playing video games or using tablets. Research has found that children are twice as active when they spend time outside.
- Natural light is known to help lift people's moods, so open the curtains, blinds and head outside to help you feel better, even if you have to rug up!
- Spend time with friends and family.
- Eat well. Sleep well.

Source: www.betterhealth.vic.gov.au and www.autismalliance.com.au

Student Wellbeing Team

Bus Information

Student ID Cards

Many students are continually travelling without their student ID Cards, **ALL** students have been issued with a student ID card. Any student travelling without their student ID card on their allocated private bus will be sent to their Year Level Coordinator. Students continually travelling without their Student ID Cards will be given an afternoon detention. If a student has misplaced their Student ID card, or if it has been damaged, a replacement can be printed by the ICT department.

Roll Call

A note to parents: If your child is not travelling on their bus in the AM or PM, they do not need to be removed from the bus on Roll Call.

Late Bus

Students who require the late bus MUST add their name to the sign-up sheet before the end of lunch. Any student who goes to the office to sign-up after lunch will not be allowed to sign-up. Parents will be called to collect their child from their campus. Timetables and information relating to each campus late bus can be accessed via the [school website](#).

Maddingley Late Bus

Due to changes to after school activities at Maddingley Campus, the Maddingley Late Bus will now be operating on a TUESDAY, WEDNESDAY and THURSDAY. There will be **NO** late bus on a Monday from Maddingley. There is no change to the route or times. **The new days will be effective as of 18 May 2021.**

Woodlea

As of Monday 17 May 2021, the routes for HAWK and PLATYPUS will be taken over by a new bus provider, Firefly. There are NO changes to either timetable.

Mrs Leanne Robertson - School Bus Services Administrator

School Photo Update

School Photo **Unique Image Codes** for students and general information has been emailed to all families (from email address: percontec@bmg.vic.edu.au). The School Photo timetables are now accessible for parents via **myBMG Parent Portal** under Whole School / General Forms tab.

School Photos are scheduled for the following dates:

Maddingley Campus

- **17-18 May** – Maddingley Year 9 to 12
- **24-28 May** - Maddingley Prep Reception to Year 8

Woodlea Campus

- **1-3 June** – Woodlea Prep-Year 8

Key points:

- Timetables are a general guide and are ***SUBJECT TO CHANGE***.
- **Absences.** If a student is absent for their allocated photo day they may have their individual photo taken across any of the school photo dates. A note is required in the student's diary to notify the class/tutor teacher that they require individual photos. Students absent for Class/Tutor photos will be listed as ABSENT for Class/Tutor group photos.
- The School is investigating options as to how we can offer family/sibling photos this year. It is more likely these will occur in Term 3. Please refer to "**BMG News**" – the weekly eNews newsletter for updates and information. <https://www.bmg.vic.edu.au/news-events/enews/>

All students from Prep Reception to Year 12 will have official School photographs taken throughout the remainder of Term 2. The photos will include individual student and School Class Group photographs.

Students are required to wear their Full School uniform. Full Winter uniform includes jumpers, blazers and ties for students in Years 5 to 12, and jumpers and ties for students in Prep Reception to Year 4. It is important that students are well groomed and neatly presented, including hairstyles, to be in line with the School's uniform policy as outlined in the student diary.

School Leadership Photos

School Leadership Photos are scheduled on the following dates:

- **Maddingley Campus**
Tuesday 18 May – Senior School Leadership Groups
Friday 28 May - Middle School Leadership Groups
- **Woodlea Campus**
Thursday 3 June – Woodlea Leadership Groups

Year 12 and Year 6 Graduation Photos will be produced in a composite format.

If you have any queries in relation to ordering or payment please contact Arthur Reed Photos on 03 5243 4390, or visit their website www.order.arphotos.com.au.

Please note these photos are exempt from the "Exclusion from Multimedia". If you have any concerns, contact Casey Ryder or Cathy Perconte on 03 5366 4800. All students will be photographed regardless of an order being placed.

If you have any other queries in relation to school photographs, please contact Cathy Perconte on 5366 4800.

Conveyance Allowance Information

Families in rural and regional Victoria can get help with the cost of transporting their children to their nearest school or campus. This is known as the Conveyance Allowance.

The Conveyance Allowance is available to students travelling by:

- public transport
- private car
- private bus

whose nearest school is not serviced by a free school bus.

The Conveyance Allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Eligibility

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible;
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary for 3 or more days per week;
- reside 4.8km or more by the shortest practicable route from that school/campus; and
- be of school age at the time of application and reside in Victoria.

Please note that a Private Bus or Private Car conveyance allowance is not available if the journey could have been made using a free school bus or public transport service

Following a recent decision by the Student Transport Unit of the Education Department, it appears that there may be some movement in the way the Department makes a judgement on what is the nearest appropriate school.

If your decision to send your children to Bacchus Marsh Grammar was because you felt that it was the nearest appropriate school that both respected ecumenical values but did not require your child to participate in religious instruction or religious celebration, then you may (subject to other Conveyance Allowance rules) be eligible for the Conveyance Allowance.

If this statement applies to you, whilst I can make no guarantees, I believe it in your interest to submit a Conveyance Allowance Application for 2021. Applications forms are available from the main office and from the Parent Portal. The application should be **accompanied by a simple letter** stating the reasons why you believe Bacchus Marsh Grammar is the nearest appropriate school because of its values and its lack of a requirement to participate in religious instruction or religious celebration of any particular faith.

Please note: if you have already submitted an application for 2021, you are not required to complete another application unless your details have changed.

For more information on the Conveyance Allowance, please refer to the School's Business Notice.

Please contact Kerryn Browne if you have any questions.

Ms Kerryn Browne - Risk, Compliance and Policy Manager

Camps Sports & Excursions Fund (CSEF) – Final Applications Due

This is applicable to families who hold a valid Centrelink pensioner concession or Health care card number (CRN).

If you are yet to return your CSEF form, please ensure this is returned to the Administration Office no later than 28 May 2021 to ensure ample time for your application to be processed. Further information and the CSEF application form can be downloaded from the [school website](#).

Enquiries should be directed to Sharon de Vries at accountsrec@bmg.vic.edu.au.

Ms Sharon de Vries – Finance Officer

BMG Community Contacts

An update to Noone Uniform shopping:

Uniform Purchasing, Ordering and Payments

We will no longer be taking phone orders or payments. You may shop and order and pay in person at the Werribee or On Campus stores.

We also offer online shopping at www.noone.com.au

Werribee Store – Rushfords	On Campus Store – Maddingley
Mondays to Fridays 9.00am to 5.00pm Saturdays 9.00am to 12.00noon	Normal Hours (during School Term) Mondays 12.30pm to 4.30pm Wednesdays 8.00am to 12.00noon Fridays 12.30pm to 4.30pm

Uniform information and shop business hours are listed on the [school website](#).

Out of School Hours Care (OSHC) – YMCA Ballarat

YMCA Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the [school website](#).

Email: chrissie.ashmore@ymca.org.au Phone: 0490 178 638 W: www.ballarat.ymca.org.au

Maddingley:

bacchusmarsh.oshc@ymca.org.au

0438 154 842

Located: South Maddingley Road, Maddingley, Victoria 3340

Woodlea:

woodlea.oshc@ymca.org.au

0490 490 362

Located: 111 Frontier Avenue, Aintree, Victoria. 3336.

Events Calendar

Dates for upcoming events/excursions and camps can be viewed via the events calendar on the [school website](#).

Regular Contacts

Student Absentees

Maddingley Campus

Absentee Line 5366 4888 or Absentee Email – maddingley_absentees@bmg.vic.edu.au

Woodlea Campus

Absentee Line 5366 4988 or Absentee Email – woodlea_absentees@bmg.vic.edu.au

Maddingley Campus

South Maddingley Road
Bacchus Marsh VIC 3340

P +61 3 5366 4800

F +61 3 5366 4850

Woodlea Campus

111 Frontier Avenue
Aintree VIC 3336

P +61 3 5366 4900

F +61 3 5366 4950

Woodlea Early Learning Centre

5-7 Quarry Road
Aintree VIC 3336

P +61 3 5366 4999

General School Email: school@bmg.vic.edu.au

School Website: www.bmg.vic.edu.au



We would like to invite you to join us for a series of light lunches, supporting the Cancer Council's Biggest Morning Tea

Dates

Tuesday 25 May 1:00pm
Thursday 27 May 12:40pm
Friday 28 May 1:00pm

Tickets \$5.00
Bookings via TryBooking

Donations can be made using the following link
<https://www.biggestmorningtea.com.au/fundraisers/BacchusMarshGrammar/vic>



Art Appreciation Writing Competition

We are inviting local students to select a painting by an artist completed prior to 2000 and write a personal "emotional response" in less than 250 words.

Open to Year levels 5, 6, 7 & 8 only

Competition closes 9th of June, 2021

For further terms and conditions or any enquires contact John Lucas on 0469036448

Or your schools Art teacher

Or visit <https://www.bacchusmarshrotary.org.au/>

1ST PRIZE \$150

2ND PRIZE \$100

**3RD/4TH & 5TH
PRIZE \$50**

HELP US CELEBRATE THE 50TH ANNIVERSARY ART SHOW