BMG NEWS



11 June 2021

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From the Principal

With the Acting Premier's announcements Wednesday, I can confirm that Woodlea Campus classes will recommence for face-to-face learning on Friday 11 June 2021.

A decision has also been made that given the loss of time and changed examination arrangements the current secondary school semester classes will continue until the end of next week (Friday 18 June). This will have a limited impact on students; however, it will allow for a proper and purposeful end to this semester.

Now that we are back at school, we will do everything to stay open for students. One way that parents can assist in this process is by ensuring that if children are unwell, they **stay at home.**

If children present with any of the symptoms of Coronavirus (COVID-19) - these include:

- Fever
- Sore Throat
- Runny Nose
- Chills or Sweats
- Shortness of Breath
- Loss of Sense of Smell
- Cough

Students with the above symptom(s) will be sent home to have a further medical review and or/COVID-19 testing. It is not appropriate at present to assume that any of these signs are simply a "seasonal cold".

Mr Andrew A. Neal - Principal

The Podium - Optimal Academic Performance

Achieving Optimal Academic Performance

In 2010, I had the opportunity to visit a number of Academic/ Sporting schools in Scandinavia and the United Kingdom. On returning from this tour, the Bacchus Marsh Grammar Elite Sport Program was born. In 2013 the Elite Sports Program established a dynamic and vibrant partnership with the FedUni WestVic Academy of Sport which saw twelve athletes in receipt of a scholarship to the Regional Sporting Academy. One of the initial athletes was Shenae Keleher who represented Australia in Taekwondo and was an outstanding academic student. Shenae went on to attend Deakin University and complete a double Bachelor's Degree in Exercise Sports Science and Business, Sports Management. Following this, Shenae gained experience with the Barwon Sports Academy before going on to an internship at the Victorian Institute of Sport. Her recent work saw her as Communications and Marketing Assistant at Triathlon Victoria.

Today, I was thrilled to be informed that Shenae's hard work and dedication would be rewarded as she has accepted the position of Executive Officer, FedUni WestVic Academy of Sport, some 8 years after she was awarded a scholarship to this Academy as an athlete, through Bacchus Marsh Grammar. This is a fantastic example of a Bacchus Marsh Grammar Alumni who has worked hard on both her sporting and, most importantly, her academic endeavours. This shows all our students that you can combine your sporting passions with your academic ones and that the combination of both will, in the long term, "open up" many wonderful opportunities.

Congratulations Shenae. Bacchus Marsh Grammar looks forward to continuing the Elite partnership it has with FedUni WestVic Academy of Sport.

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

The Podium - Academic Performance - Mathematics/Science Faculty

We would like to highlight and congratulate the following students who have achieved outstanding results from across the Year 10 classes.

Year	10	Maths	Metho	ods
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Jack Buskens

Maddox Edwards

Dhruv Menon

Mehareet Shaha

Year 10 General Mathematics

Makenzie Ericson

Ella Fowler

Emily Gerolemou

Lara Kusli

Year 10 Pre VCE Chemistry

Jack Buskens

Ryan Brigham

Abbas Hasan

Abbie McDonald

Kieran Todd

Year 10 Pre VCE Physics

Abbas Hasan

Dhruv Menon

Josh Puc

Anchal Singla

Around the Faculty

From Mrs Wilson:

Below are some pictures of a Year 10 Pre VCE Chemistry class conducting an experiment. They had to collect and record the amount of carbon dioxide gas given off in the reaction. The gas displaced the water in the upended measuring cylinder.





From Ms Mahony:

On Friday 12th of March, the Year 11 Physics class attended the Luna Park Physics Day. The students got to experience real-life physics by putting their bodies (and stomachs!) to the test. The day was full of fun and physics.





Dr Debra Penny - Head of Faculty: Science and Mathematics

Administration News

Administration Office Hours during Term Break

Maddingley Campus

Monday 21 June to Friday 25 June: 8:30am to 4:30pm

Monday 28 June to Friday 2 July: OFFICE CLOSED

• Monday 5 July to Friday 9 July: 9:30am to 4:30pm

Woodlea Campus

Due to Maintenance works the Woodlea Campus Administration Office will be closed from Monday 21 June to Friday 9 July. Please direct any enquiries to the Maddingley Administration Office: 5366 4800.

Maddingley Car Park

We remind parents that there is no drop off or pick up for students on South Maddingley Road during the start of day/end of day.

It is not suitable for students to be accessing the Main Office when busses are accessing this road to the bus terminal. Student entry must be via the Main Car Park/Gatehouse.

Notifications for change of pick-up arrangements or appointments during the school day

Please ensure that any changes to your child's pick-up arrangements or notifications for collection to attend appointments during the school day are communicated through the school diary. It is important that for Maddingley campus collection, parents specify either the 'Main Office' or 'Gatehouse' as the collection point. A reminder to parents that the Main Office is on South Maddingley Road and the Gatehouse is within the Main Car Park with entry via Gate 1.

For last minute or urgent changes to pick-up arrangements please notify the relevant campus prior to 2.15pm.

Maddingley: 03 5366 4800 or Woodlea: 03 5366 4900

Woodlea - Prep and Year 1

The Woodlea Prep and Year 1 students have worked collaboratively on a group "lockdown" project to add some colour to our online learning classroom. The students were given a range of art supplies and the sky was the limit when decorating their letters for our artwork. The students' handprints were arranged into a flower, representing togetherness and support, showing that we are all 'linked' despite being locked down and learning remotely.

Woodlea Student Services Team



School Photos

Rescheduled School Photo Dates - Term 3 2021

Due to the recent COVID-19 lockdown period we were unable to complete the School Photos for Maddingley Campus and Woodlea Campus had to be rescheduled entirely.

There have also been requests for the school to schedule Family Group Portraits. These will coincide with the rescheduled School Photo Days. It is intended to communicate to families before the end of Term 2 with more information via email and the BMG eNews.

School Photo Rescheduled dates Term 3 2021

- Monday 19 July Maddingley Campus rescheduled date for 5A, 5B, 6A, 6B, 6C, 6D and 6E and Family Group Portraits.
- 26 28 July Woodlea Prep to Year 8 including Family Group Portraits.

Rescheduled Middle School Leadership Photos

Maddingley Campus

• Monday 19 July - Middle School Leadership Groups

Woodlea Campus

Wednesday 28 July – Woodlea Leadership Groups and Family Group Portraits.

If you have any queries in relation to ordering or payment please contact Arthur Reed Photos on (03) 5243 4390 or visit their website www.order.arphotos.com.au.

Please note these photos are exempt from the "Exclusion from Multimedia". If you have any concerns contact Casey Ryder or Cathy Perconte on 5366 4800. All students are photographed regardless of an order being placed.

If you have any other queries in relation to school photographs, please contact Cathy Perconte on 5366 4800.

Mrs Cathy Perconte - Community Development Coordinator

Middle School News

National Young Leaders' Day

On Monday the 24th of May, both the Maddingley and Woodlea leadership teams attended the Halogen National Young Leaders' Day presentation at the Melbourne Exhibition Centre.

Woodlea Leadership Group Reflection

Report by: Saumya Bansal and Vasish Vasireddy (Woodlea Year 8 Student Leaders)

This event was a fantastic learning experience listening to the speakers share their thoughts on leadership. Josh Pyke, Lachie Smart, Jimmy Rees, Jordan Lewis, and many more, shared the highs and lows of their most notable achievements and were extremely motivating and engaging when doing so. To top it off, we even received an hilarious talk from the one and only Jimmy Giggle!

Lachie Smart was by far our favourite presenter. His very impactful story about how he made his dream come true by becoming the youngest person to fly around the world solo had us all on the edge of our seats. The Woodlea campus had the opportunity to ask him how he overcame his fear of failure. Lachie talked about how he just had to put aside the negative comments, not compare himself to others, and work relentlessly towards his goal and dream.

Josh Pyke also deserves an honourable mention. His philosophy that "Falling short is not a failure" has now become a big part of each and every student leader at the conference. His clear message about taking up every opportunity and always putting your best foot forward will stay with all of us throughout our time at school.

Overall, it was a great experience and the Woodlea student leadership team learnt a lot about leadership and the attributes of perseverance, resilience and thinking critically. We can't wait to bring back what we have learnt to the Woodlea community and begin helping others to reach their own goals.



Maddingley Leadership Group Reflection

Report by: Alyssa Walton and Olivia Karcoushkas (Maddingley Year 6 Captains)

Maddingley Leaders all had a great time listening to the inspirational speakers. All five speakers taught us to never give up on our dreams. The five speakers we listened to were Lachie Smart, Jordan Lewis, Josh Pyke, Jimmy Rees and Michelle Young. There were also a lot of interactions with the audience throughout the day like the Dance Curriculum team. They taught us a really fun dance called "Learning is Fun."

One of our favourite speakers was definitely Jimmy Rees, also known as Jimmy Giggle from Giggle and Hoot. He showed us behind the scenes footage of Giggle and Hoot and his

hilarious backstory. No doubt about it, everyone had a good laugh! Besides all that, he taught us that there are always going to be ups and downs in life but you have to keep going and never give up. I think we all learnt a lot from him!

Another great speaker was Jordan Lewis, a retired AFL player. He was a great speaker to listen to! He explained to us how many rules, regulations and how many sacrifices he had to make. His story also taught us that while being an AFL player looks like it has a lot of benefits and even fame, it also takes a lot of hard work and commitment which people watching from the outside don't always see. Overall, he taught us that if you want to accomplish something you have to be committed and that nothing comes easily.

Michelle Young (Firefighter) also deserves a big shout out. She was telling us all about how people had a lack of faith in her based on her gender. She talked about how she wanted to prove them wrong and do what she wanted to do with her career, no matter who told her what. She taught us that you can achieve anything if you put your mind to it. It was very inspiring listening to some of her stories as a firefighter.

Overall, the National Young Leaders Day taught us a lot about leadership, thinking critically and perseverance. It was an amazing day and we can't wait to motivate other leaders in the school and bring back what we've learnt to the Maddingley Middle School Leadership Team!

Student Wellbeing

Self-care during the holiday break

It is important for young people to establish habits around self-care, particularly in our current context of some unpredictability. Self-care is a way of working toward maintaining positive mental health and we shouldn't underestimate the power of looking after ourselves. Here are some tips for students of all ages to establish self-care practices as we head into the holidays:

- 1. Treat yourself One thing that you can control is how you look after yourself. Doing something for yourself every day (big or small) can really help you feel better.
- 2. Get moving There are so many benefits to keeping active. Taking part in any sort of physical activity releases endorphins, which gives you a rush of good feelings.
- 3. Do the things you love It can be hard to find the motivation or energy to do what you enjoy, however it is at those times that it is important to connect with what you love.
- 4. Build on your strengths Focusing on the things you do well can help you feel better about yourself. It may not be easy to identify your strengths so if you're struggling to come up with any, maybe ask a family member or a friend what they think your strengths are.
- 5. Mindfulness Mindfulness is all about being in the moment. Scientific research has shown that mindfulness can reduce stress levels and help people feel more creative, resilient and focused.
- 6. Take time for a vibe booster Setting aside time to do something you really enjoy can help lift your mood. Spend that time listening to a few of your favourite songs, make a cup of tea, or do some baking.
- 7. Log out to chill out Staying connected is a great way to keep in touch with friends and family, and to know what is happening around the world. But keep in mind that social media is just a snapshot of a person's life and it can become overwhelming, so take time to log out to chill out.
- 8. Write it down Writing things down is a great way of staying motivated and seeing your progress. Use a diary to keep track of the personal goals you have been setting and meeting and update it regularly. Be sure to include both your big and small goals. This will help you to feel good about all your achievements. If you're not so into goals, use your diary to write about your day.

Source - Reachout.com

Student Wellbeing Team

Sport Updates

Individual Sporting Success – Athlete Spotlight

Amy O'Hara has been a wonderful student within our Elite sporting program over the past few years and is a deserving scholarship holder in the WestVic Academy of Sport Program. Amy is competing in her first season of the Big V Women's Championship for Hawthorn Magic and has made the starting 5 for the team. She recently competed in the Under 18s National Junior Championships representing Werribee and her team won the Silver medal. Congratulations to Amy on her recent performances and we wish her more success in the upcoming season and events.



ICCES Winter Tour Update

Due to the current restrictions around COVID-19 in Victoria and Greater Melbourne, the member schools of ICCES made the difficult decision to cancel the ICCES Winter Tour in Shepparton this year. This was a difficult decision for them and they understand the disappointment that participating students may experience from this outcome. I would like to thank students and staff for their commitment to training in the different sports over the past term. We hope that in the coming weeks, conditions improve and we can recommence with our sporting calendar and events.

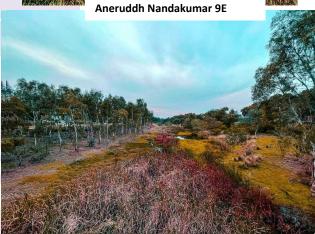
Mr Bryce Durham - Head of Faculty: Physical Education and Health

Year 9/10 Photography





Thomas Bibby 10F





Jaidah Love 9D

Mrs Nicole Heywood – Head of Art: Prep to Year 8

Snow Australia Interschools Victorian Championships



The 2021 Snow Australia Interschools Victorian Championships will be held at Mt Buller from the 23rd - 29th August.

Building on the schools success in this competition over the past few of years, we would like to again enter a team to represent our school at this prestigious event.

The Snow Australia Interschools Victorian Championships is an excellent opportunity for students to participate and compete in a State level competition, and test and develop their snowsports skills against students from other Victorian schools.

If you are interested, or would like more information, please visit the Victorian Interschools Snowsports at https://www.interschools.com.au/home-victoria/, and then contact Mr Nick Sher at shern@bmg.vic.edu.au by Friday 11 June.

Mr Nicholas Sher - Coordinator: Sport Years 3-6

Bus Information

ALL students aged 12 and over are required to wear a fitted face mask whilst they are travelling on a school bus. This includes to and from school, excursions and camps unless they have a medical exemption. When students disembark the bus, and prior to entering the school grounds, their temperatures will be checked and hands will be sprayed with hand sanitizer

Mrs Leanne Robertson - School Bus Services Administrator

Book Club News – Catalogue for Issue 4 is out now



Visit the <u>school website</u> for more information regarding the latest catalogue and how to order.

Scholastic Book Club Coordinators - Mrs Diane Dunn (Maddingley Campus)

& Mrs Feona West (Woodlea Campus)

BMG Community Contacts

An update to Noone:

Uniform Purchasing, Ordering and Payments

We will no longer be taking phone orders or payments. You may shop and order and pay in person at the Werribee or On Campus stores.

We also offer online shopping at www.noone.com.au

Uniform information and shop business hours are listed on the school website.

Out of School Hours Care (OSHC) - YMCA Ballarat

YMCA Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the school website.

Email: chrissie.ashmore@ymca.org.au Phone: 0490 178 638 W: www.ballarat.ymca.org.au

Maddingley:

bacchusmarsh.oshc@ymca.org.au

0438 154 842

Located: South Maddingley Road, Maddingley, Victoria 3340

Woodlea:

woodlea.oshc@ymca.org.au

0490 490 362

Located: 111 Frontier Avenue, Aintree, Victoria. 3336.

Events Calendar

Dates for upcoming events/excursions and camps can be viewed via the events calendar on the school website.

Regular Contacts

Student Absentees

Maddingley Campus

Absentee Line 5366 4888 *or* Absentee Email – <u>maddingley absentees@bmg.vic.edu.au</u> Woodlea Campus

Absentee Line 5366 4988 or Absentee Email – woodlea absentees@bmg.vic.edu.au

General School Email: school@bmg.vic.edu.au
School Website: www.bmg.vic.edu.au