# BMG NEWS



3 December 2021

VOLUME 35, NUMBER 35

## **The Podium**

#### **Achieving Optimal Academic Performance - Celebrating Performance**

Students have recently completed semester assessment tasks and examinations and there is much cause for celebration - celebration for being back in the classroom face to face again, and having the opportunity to test and challenge ourselves. We also have the opportunity to celebrate our successes. As parents, how best to respond to our child when they are expressing good or positive news? How do we celebrate this with them in a way that will enhance their optimal learning? In 2004, Shelly Gable and her team of researchers at the University of California tackled this problem and discovered some interesting results. They found that responses to good news could be categorised in four different ways.

- 1. Active Constructive in which the respondents ask questions and congratulate:
  - I usually react to my kids' good fortune enthusiastically.
  - I often ask questions and show genuine interest in my children's news.

#### 2. Passive Constructive in which the respondents congratulate but do not elaborate:

- I am silently supportive of the good things that happen in my children's lives.
- I say very little, but they know I am happy for them.

#### 3. Active Destructive in which the respondents draw attention to negative aspects of the good news:

- I remind my children that most good things have bad aspects as well.
  - I point out the potential downside of their good news...I'm a realist.
- 4. Passive Destructive in which respondents ignored the good news altogether:
  - I may seem disinterested in my children's news (even if I'm not).
  - I may act as though I don't care very much (even if I do).

The diagram below provides examples of each way of responding.

The number 1 style of response to assist in building relationships, making students feel connected and making students feel great about their accomplishments is Active Constructive Responding. Active constructive responding is a set of behaviours that promotes intimacy and trust. Students will know it when they experience it because they feel affirmed and connected. The Active Constructive responding strategy brings individuals closer together by indicating that the responder believes that the event is significant and that the relationship between those individuals is significant.

ACTIVE CONSTRUCTIVE RESPONDING				
	DESTRUCTIVE CONSTRUCTIVE			
ACTIVE	<b>Deflates</b> good news / Raises Alarm	Genuine interest / <b>Amplifies</b> the experience		
PASSIVE	Ignores the event / <b>Steals</b> the conversation	Understated support / Conversation <b>stalls</b>		

Most importantly, Active Constructive Responding creates positive feelings in both parents and their children. Research shows that when someone tells us good news and we positively and actively affirm them, it improves the wellbeing of both parties. The act of sharing good news is directly linked to commitment, satisfaction, intimacy and trust.

As parents and teachers, we can build healthy relationships with our children and students and greatly help in optimising their academic performance as well as their overall wellness. We just have to have the presence of mind to stop and think before we respond.

#### Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

Reminder: Term 4 finishes on Friday 10 December – Normal dismissal times for both campuses.

## Middle School Leadership 2022

Congratulations to the following students who have been selected by their respective faculties and/or areas to begin their Service Leadership journey within the Middle School. Throughout the selection process there were many outstanding candidates and all staff involved would like to thank every student who applied and went through the interview process.

Mrs Sarah Hunter: Deputy Head of Woodlea Campus & Mr Dean Pepplinkhouse: Head of Middle School - Maddingley

#### Woodlea - 2022 Leadership Positions

Year 8 Service Leadership Team				
Middle School Captain	Abi Bhaduri	Mehak Dhillon	Rishen Somarathna	
Middle School Vice- Captain	Sumedha Chaudhuri	Nilay Sarmar	1	
Literacy & LOTE Captain	Sahithy Aluri	Parnika Meh	Parnika Mehrotra	
STEM Captain	Avi Loya	Rehan Khan	Rehan Khan	
Performing Arts Captain	Alexis Sharp	Keneisha Du	Keneisha Dubey	
Visual Arts Captain	Sriya Tamilselvan	Harnoor Mal	Harnoor Malhi	
SRC Captain	Shageezha Sivathasan	Parinoor Kau	r	
Wellbeing Captain	Garvit Sharma	Inaya Usman		
Sport Captain	Dhruv Parekh			
Hilton House	Amarleen Lagah			
Bacchus House	Aarav Goel	Summer Apo	ostolidis	
Pentland House	Vethik Prasanna	Emily Mangi	วท	
Braeside House	Chloe Ismaili	Isla Fish-Shai	man	

Year 6 Service Leadership Tea			-		
Visual Arts Leader	Devshree Gohil		Harveen Kaur		
Performing Arts Leader	Manreet Kaur	Manreet Kaur		Ishika Miglani	
Wellbeing Leader	Aarya Avinash		Zara Moyo		
SRC Leader	Daras Kaur		Pratika Mehrotra		
STEM Leader	Reeyanaa Sethia	7	Scott Crem	ona	
Literacy Leader	Maddie De Vera		Lucas Schilling		
LOTE Leader	Michelle Park		Durva Ajraawat		
Sport Leader	Aadi Arora		Ira Nehra		
Hilton House	Nathi Chote		Tia Bhanot		
Bacchus House	Samaira Yadav		Varoon Rav	vichandar	
Pentland House	Jazzmeen Sandhu	Kristijan (	Cvetkovic	Eden Haymes	
Braeside House	Rahil Kochi		Khushreet	Aujla	
Year 6 Student Prefect Team			•		
Avya Kaushik	Ellie Sapurmas				
Kashvi Patel	Prisha Patel				
Marek Munir	Sanjay Kirisananthan				

## Maddingley - 2022 Leadership Positions

Year 8 Leadership Team			
Middle School Captain	Tilly Campey	Visual Arts Captain	Alana Fenech
Middle School Captain	Isaac Busuttil	Wellbeing Captain	Siena-Mae Rossignolo
Middle School Vice Captain	Connie Degnen	Wellbeing Captain	Isaac Rambocus
Middle School Vice Captain	Oliver Stevenson	Bacchus House Captain	Lily Fisher
Middle School Vice Captain	Arnav Kaur	Bacchus House Captain	Aryan Singh
Pentland House Captain	Maddison Weeks	Braeside House Captain	Ruby Gorton
Pentland House Captain	Justin Robins	Braeside House Captain	Aysha Masood
Performing Arts Captain	Annabella Morataya	Hilton House Captain	Rachael Fleming
Performing Arts Captain	Micah So	Hilton House Captain	Vedika Khandelwal
SRC Captain	Annalise Muir	Literacy Captain	Nihal Boparai
SRC Captain	Sahil Pandey	Literacy Captain	Aakanksha Tayal
STEM Captain	Ori Daniel		
STEM Captain	Anvesha Khurana		

Year 6 Leadership Team			
Year 6 Captain	Sai Tanvi Mushini	Bacchus House Captain	Jesse Coleman
Year 6 Captain	Liam Collins	Bacchus House Captain	Sapphire Leckie
Year 6 Prefect	Isabella Angelevski	Braeside House Captain	Miller Humphrey
Year 6 Prefect	Isabella Morris	Braeside House Captain	Amelie Beazley
Year 6 Prefect	Vihaan Choudhuri	Hilton House Captain	Macadie Grieve
Year 6 Prefect	Millie Patterson	Hilton House Captain	Harry Fowler
SRC Captain	Allegra Deagan	Pentland House Captain	Beau McKerrow
SRC Captain	Vaughn D'Rozario	Pentland House Captain	Austin Shea
STEM Captain	Lucy O'Donnell	Performing Arts Captain	Noah Pawar
STEM Captain	Rafan Parvez	Performing Arts Captain	Saoirse Sandoval-Roche
Visual Arts Captain	Aashirya Vandrangi	Literacy Captain	Manasri Sai Boyapati
Wellbeing Captain	Akshara Rajesh	Literacy Captain	Danyl Baira
Wellbeing Captain	Jenna Baker		

### **Junior School News**

#### 2021 BMG Annual Story Writing Competition – The Surprise in the Cupboard under the Stairs

Judging a story writing competition is always a tricky business. This year's Language and Literacy Captains certainly had a difficult job in deciding which stories deserved a winning place. Stories included a range of ideas from a new birthday puppy, laser beams, teleporting, black holes and witches, to moving house, late night investigations, long journeys and even lava!

Winners in the Year 2 to Year 4 cohort received a \$30 QBD gift voucher to encourage their love of stories.

Congratulations to all students from the Year 2 to Year 4 cohort who entered.

Winners	Honourable Mention
Elise Holland 4C	Stefania Robu 4C
Jayde Coady 3B	Yuvraj Singh Walia 3WA
Sathvika Saikumar 2WD	Aira Sharma 2B

## Mrs Sally Savic: Head of Junior School - Woodlea Campus & Mrs Lisa Foster: Head of Junior School - Maddingley Campus

#### 2022 Woodlea Year 4 Leaders

Leadership is an important school value at Bacchus Marsh Grammar. Recently, our Year 3 Woodlea students participated in an interview process to share their views on why they would be suitable leaders in Year 4. We commend all students who participated because they all demonstrated the positive behaviours and values we are committed to at Bacchus Marsh Grammar. Congratulations to the students listed below and we look forward to working with them in 2022.

Year 4 Service Leadership Team				
Zara Ristoski	Eloise Quirin			
Venkata Pedapati	Aayan Qazi			
Shenaya Kaloti	Aneli Peiris			
Armannjot Sidhu	Irene Kaur			
Shashank Bijinipally	Yuvraj Singh Walia			
Tara Rados	Jaydrien Chand			
Jayson Dhanjal				
Year 4 Studen	t Prefect Team			
Mehak Cheema	Aryan Kaushik			
Pari Sharma	Vivaansh Kumar			
Reeti Maskey	Trishnoor Bhatti			
Krishna Pedapati	Ayhan Senyuvali			
Shreyas Tallavajhala	Amaaya Sawhney			
Sehaj Kaur				

Mrs Sally Savic: Head of Junior School - Woodlea Campus

#### Woodlea Year 4 - Kindness Garden

Kindness is one of the school values at Bacchus Marsh Grammar. This week, in 4WC, we have been focusing on this value and we created a kindness garden and listed all the different ways students can be kind to each other. In our classroom we have been trying to help each other and make sure that everyone is happy at school.

Amber Screen and Guneet Kaur 4WC



#### **Spotlight on Woodlea Prep – Global Studies**



In Term Four, the Woodlea Preps learnt about materials and their properties. They used their senses to describe various materials and then explored to see if they could roll, spin or slide. To build on their skills, the Preps looked at materials such as flour, oil, glitter, water and food colouring to create play dough. They discussed what each material looked, felt and smelt like and then formed an hypothesis about what would

happen if we mixed the materials together. They discussed if the end product would be a liquid or a solid. Afterwards, they created various shapes that could roll, slide and spin. They really enjoyed the hands-on activity and being part of creating a new product by mixing materials of various consistencies.

#### Woodlea Prep Team

#### Spotlight on Maddingley Year 4 - History and Geography

In History and Geography for Semester Two, the Maddingley Year 4 students have been learning about the country of Indonesia. The focus has been on the geographical features of our neighbouring archipelago nation. Students have been learning about the devastating effect of tsunamis and other natural disasters on people and property, the importance of rainforest conservation due to deforestation for palm oil production and the effect on Orang-utan populations. Cultural



celebrations, including Indonesia Independence Day and Ramadan, have also been explored, alongside language conventions of greetings, counting and fruit vocabulary. In recent weeks, the focus has been on the traditional and world-renowned Wayang Theatre and the use of shadow puppets to tell the 'Story of Ramayana'. The students have been designing the costumes of the main characters and creating their own shadow puppets, incorporating the use of light and traditional Indonesian music to enhance the performance. The Year 4 students have been enjoying our 'Indonesia' unit in Asian Studies, and learning about 'Global Sustainability' and the continents of our Earth in our 'Where in the World?' unit in History and Geography sessions.

#### Maddingley Junior School H&G Team

## **Music Department - Maddingley and Woodlea Campuses**

We request that parents/guardians kindly arrange for hire instruments to be returned to the Music Administration Office no later than **Friday 10th December**, in order to allow for maintenance over the holiday period. Please ensure that all accessories (e.g. keyboard stands, power packs, etc.) are accounted for. Any loss or damage should be flagged upon return of the hire instrument.

Parents wishing to purchase an instrument for use over the summer break are encouraged to seek advice from the relevant instrumental teacher or email <u>music@bmg.vic.edu.au</u>.

**Mr Steven Bell - Director of Music** 

## **BMG Triathlon Club Race**

On Sunday 28 November, students represented Bacchus Marsh Grammar in Race 1 of the 2XU Triathlon Series in Elwood. The morning was brisk and once students had set their transition station up they noted how cold the ground was on their feet and vowed to bring a second pair of shoes next time! But when they were lining up at the swim start, the sun had come up and numb toes were ignored. Beau McKerrow (5C) raced the Tri Kids event which included a 100m swim, 3km bike ride and a 500m run. Mila Mijatovic (8F), Leon Earnshaw (8D) and Hunter Faust (8B) all competed in the Fun Tri Event which involved a 150m swim, 7km bike ride and a 1.2km run. Students have been diligently preparing for the triathlon season at regular training sessions at school during lunchtime and after school. We congratulate the students on their efforts so far and we are looking ahead to a productive triathlon season with many more races to come throughout summer and early autumn. Stay tuned for further race updates!

If students would like to be involved in the BMG Triathlon Club and the Victorian Schools' Triathlon Championship, please express your interest to Mr. Armstrong at <a href="mailto:armstrong@bmg.vic.edu.au">armstrong@bmg.vic.edu.au</a>.



#### **Mr Nicholas Armstrong**

### **Bus Information**

#### Mask Wearing

It is **compulsory** for ALL students in Year 3 to Year 12 to wear a fitted face mask whilst they are travelling on a school bus, (this includes to and from school, excursions and camps), unless they have a medical exemption. It is not compulsory for students in Year 2 and under to wear a face mask on the bus, although it is highly recommended.

#### **2022 Private Bus Allocations**

Private Bus allocations for 2022 have been emailed to parents this week via EdSmart. Acceptances are due back by **Friday 3 December** to ensure your child has a seat on a private bus for 2022.

PLEASE NOTE: Student Bus Allocations will not be changed once notification of your child's bus allocation for 2022 has been issued to you (unless as a result of a permanent address change).

#### 2021 End of Term 4 Bus Departure times

On Friday 10<sup>th</sup> December, dismissal times for the last day of Term 4 will be normal school dismissal times.

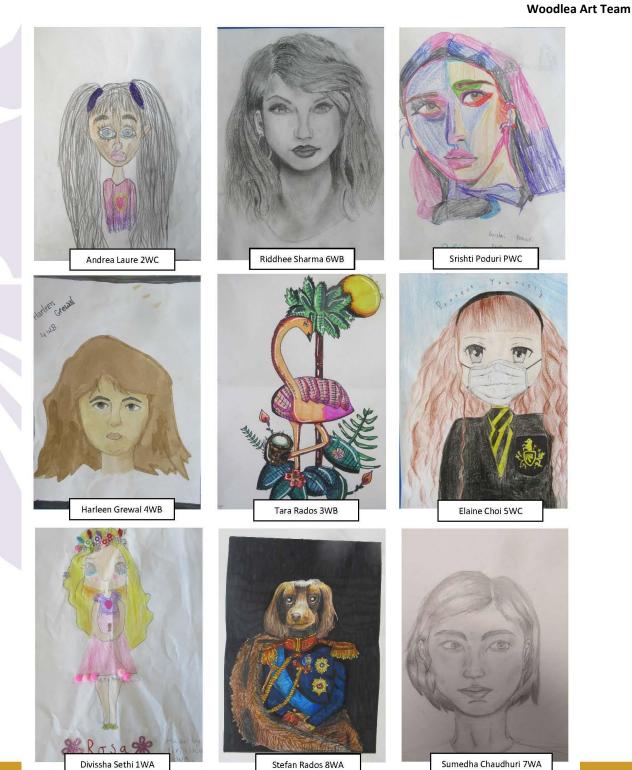
All buses – (Private, Public and Country) will depart as per normal timetabled departure times.

Mrs Leanne Robertson - School Bus Services Administrator

## Woodlea 2021 Portrait Competition

Congratulations to the 2021 Woodlea Portrait Competition Winners. Well done to all the participates who entered this competition. You should all be very proud of the Portraits you have created. Please see a list of the winners for each year level below and their amazing Artworks.

Year Level	Winner	Year Level	Winner
Prep	Srishti Poduri Prep WC	Year 5	Elaine Choi 5WC
Year 1	Divissha Sethi 1WA	Year 6	Riddhee Sharma 6WB
Year 2	Andrea Laure 2WC	Year 7	Sumedha Chaudhuri 7WA
Year 3	Tara Rados 3WB	Year 8	Stefan Rados 8WA
Year 4	Harleen Grewal 4WB		



Sumedha Chaudhuri 7WA

## **School Administration Information**

#### 2022 Booklists

The 2022 Booklist provider is Campion Education. Below are instructions on how to complete the online booklist. It is strongly recommended that all items are obtained through Campion Education. This will avoid unnecessary problems with reliability of materials, especially textbooks.

#### A PDF copy of the 2022 Booklist can be accessed via the Bacchus Marsh Grammar website:

https://www.bmg.vic.edu.au/community/booklists/

There will not be a dedicated 'booklist collection day' at the Maddingley Campus. **Booklist Orders placed online by 15 December will receive** <u>free home delivery</u>. Orders placed after this date will attract a postage charge.

If you have any queries regarding your child's 2022 Booklist, please contact Michelle Graham on 5366 4800.

#### HOW TO ORDER YOUR RESOURCES ONLINE

#### (instructions are also on the Bacchus Marsh Grammar website https://www.bmg.vic.edu.au/community/booklists/)

You can order all your booklist requirements online in 7 simple steps:

- 1. Go to www.campion.com.au and click on the red 'Order Here' button for Parents & Students
- 2. Create a Campion Education account in less than 1 minute, or sign in using your existing username and password.
- 3. Enter your School Resource List (Booklist) code:
  - MADDINGLEY VCVQ

#### WOODLEA - GQXY

- 4. Select the appropriate year level resource list.
- 5. Select the resources you need and complete your details.
- 6. Select your delivery option (Please note free delivery for orders placed by 15 December). A \$5.95 Handling Fee will be charged.
- 7. Submit your payment.

## Book Club News - Catalogue for Issue 8 is out now



Issue 8 catalogue is now out now!

Visit the <u>school website</u> for more information regarding the latest catalogue and how to order.

Scholastic Book Club Coordinators - Mrs Diane Dunn (Maddingley Campus) & Mrs Feona West (Woodlea Campus)

## **BMG Community Contacts**

#### An update to Noone Uniform shopping:

Please refer to the <u>school website</u> for the latest updates from Noone including the January 2022 trading hours. Alternatively visit <u>www.noone.com.au</u>.

#### Out of School Hours Care (OSHC) – YMCA Ballarat

YMCA Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the <u>school website</u>.

Email: chrissie.ashmore@ymca.org.au Phone: 0490 178 638 W: www.ballarat.ymca.org.au

#### Maddingley:

bacchusmarsh.oshc@ymca.org.au 0438 154 842 Located: South Maddingley Road, Maddingley, Victoria 3340 Woodlea: woodlea.oshc@ymca.org.au 0490 490 362

Located: 111 Frontier Avenue, Aintree, Victoria 3336.

## **School Contacts**

#### **Student Absentees**

Maddingley Campus Absentee Line 5366 4888 *or* Absentee Email – <u>maddingley\_absentees@bmg.vic.edu.au</u> Woodlea Campus Absentee Line 5366 4988 *or* Absentee Email – <u>woodlea\_absentees@bmg.vic.edu.au</u>

Maddingley Campus South Maddingley Road Bacchus Marsh VIC 3340 P +61 3 5366 4800 F +61 3 5366 4850 Woodlea Campus 111 Frontier Avenue Aintree VIC 3336 P +61 3 5366 4900 F +61 3 5366 4950

General School Email: <u>school@bmg.vic.edu.au</u> School Website: <u>www.bmg.vic.edu.au</u>

Woodlea Early Learning Centre

5-7 Quarry Road Aintree VIC 3336 P +61 3 5366 4999



Doctrina Vitae Bacchus Marsh Grammar

## Bacchus Marsh Summer Holiday Program

Woodlea Campus Dec 13 2021 - Jan 28 2022 (7am - 6:30pm)

## HOW TO BOOK

All new families are required to enrol first. Enrolments are made through Xplor Home, payment via direct debit. See yballarat.org.au or call 0490 490 362 for details.



SCAN QR CODE FOR PROGRAM DETAILS or visit yballarat.org.au



## Bacchus Marsh Holiday Program

\$100\* per day, less your CCS entitlement

("Includes excursions and incursions. The times of excursions may vary due to circumstances out of our control)

MON DEC 13	Story time - Be an author for the day. Write and illustrate your very own book
TUE DEC 14	C Frontier Park - Have fun on the adventure playground and enjoy a picnic lunch
WED DEC 15	Dress up Day - Wear your best costume and strut your stuff on the catwalk
THUDEC 16	Kids in the Kitchen - Make and bake a yummy treat for snack time
FRI DEC 17	SNugget Park - Enjoy a pionic lunch and some adventure playground fun
MON DEC 20	Christmas Crafts - Make some beautiful christmas omaments to take home
TUE DEC 21	Christmas Cooking - Enjoy making Christmas themed snacks to enjoy with your friends
WED DEC 22	OSHC Christmas Party - Celebrate the end of 2021 with the OSHC Christmas Party
MON JAN 17	🕐 Super Science - Conduct experiements in this hands-on science workshop
TUE JAN 18	🜍 African Drumming - Learn to play a traditional West African drumming song
WED JAN 19	Nugget Park - Take a walk to Nugget Park adventure playground
THU JAN 20	${igoplus}$ Werribee Z ${\infty}$ - What is your favourite zoo animal? Will you find it on the guided tour?
FRI JAN 21	Kids in the Kitchen - Make and bake a yummy treat for snack time
MON JAN 24	😄 Royal Botanic Gardens - Explore the scenery as we go on a seek and find adventure
TUE JAN 25	🙆 Craft Crate - Make some Australian animal bag tags with Craft Crate sustainable toys
WED JAN 26	Closed for Public Holiday
THUJAN 27	SFrontier Park - Have fun on the adventure playground and enjoy a pionic lunch
FRI JAN 28	Crazy Dress Up Day - Create crazy hair styles to match your dress up costume
n Venue 🚯	Incursion Excursion Scheduled activities and bus times may change due to circumstances beyond our control. Please confirm with the venue if needed.



For more information including booking details, what to pack & food ideas visit ybllaratorg.au or scan the QR code

## **Community News – Melton City Libraries**

