



The Podium

Achieving Optimal Academic Performance – Stillness

What a fantastic display of humanity and support shown on Monday in the Big Freeze at the MCG. It made me smile and feel hopeful that so many people would rally together and connect for a greater “cause” than themselves.

Connections are so important for us all. They are important socially and extremely important for us and our children. Many of you will have heard of Susan Pinker. She is a psychologist and researcher and has written numerous books including “The Village Effect: How face to face contact can make us healthier and happier.” In reading her recent research, it is interesting to note that she concludes that in a short evolutionary time, we have changed from group living primates skilled at reading each other’s every gesture and intention, to a solitary species with each person preoccupied with their own screen or device. Based on peer reviewed research across diverse fields, Pinker concludes that there is NO substitute for IN PERSON interactions.

Scientifically, they are proven to bolster our immune system, send positive hormones to our brains and help us be more productive and, importantly, live longer.

Pinker calls this building your village. As we finish up the first semester and we can spend time together in the mid-year holiday break, we have the opportunity to have “face to face time”, conversations and interactions. Therefore, let us all build a wonderful strong village, at home with our children and here in our Bacchus Marsh Grammar Community.

My Holiday Challenge to all - Give Your Children Ten Minutes of Undivided Positive Attention Twice a Day

It is simple: give your children 10 minutes of pure, undivided attention twice a day. This means you go into their world talking with them or playing with them with no interruptions. This supports positive attention and emotional connection and it is very doable. 10 minutes. Try it for the holiday break. To make an effort to spend a mere 10 minutes of undivided time with your children seems ridiculous, but for many of us, intentional time spent together can be surprisingly rare.

As Pinker states, “True belonging, real connection and real empathy require meeting real people in a real space and time.”

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

Reminders:

- Students commence Term 3 on Tuesday 12 July. Term date information is accessible [here](#).
- Administration Office Hours/Closure - view hours of operation and closure information [here](#).

Junior School News

Term 2 has been extremely busy, exciting, and productive for our Junior School students.

We would like to take this opportunity to thank the Bacchus Marsh Grammar Community for assisting in making it a great term for all. A variety of incursions and excursions, including visits to Staughton Vale, sporting events, Anzac Day, Mother's Day craft, and assemblies were all part of a term that enabled our students to continue to grow and learn.

As we draw Term 2 to a close, we would like to congratulate the students on displaying the School Values, striving hard to achieve their best and building positive relationships with their teachers and peers. We would also like to thank the parents for their ongoing support and partnering with us to achieve success.

During the holiday break we encourage all students to continue to engage in using the holiday reading pack to practice the skills and strategies they have learnt throughout the term. Reading together with your child presents valuable and exciting experiences for all.

We look forward to working with you again in Term 3.

Mrs Lisa Foster – Maddingley: Head of Junior School & Mrs Sally Savic – Woodlea: Head of Junior School

RESPECT

DISCIPLINE

CONFIDENCE

AMBITION

LEADERSHIP

KINDNESS

Australian Animal Incursion



This term, the Preps have been studying each of the seven continents in History and Geography. Each week, our writing has focused on an animal from the continent studied. Last week, as part of the continent Australia, the Rookeepers visited with an array of animals. The Preps loved patting snakes, lizards, a bandicoot, sugar glider and, of course, the favourite – the dingo! We learnt about the different ways animals adapt to survive and how we can help to preserve their environments.

- *Yesterday I saw a dingo and possum. I liked them, they have fluffy fur. Kingston, Prep B.*

- *Yesterday we met the Rookeepers. I patted a big snake. It did not bite me. It was fun. The snake felt like blocks and I met a dingo. Tegveer, Prep C.*
- *Yesterday Prep D went to the library to see some Australian animals. My favourite was the dingo. I liked how the dingo stretched. Adeline, Prep D.*
- *Today I saw a little snake. I like the big snake. It almost slithered at me. Hunter, Prep E.*

Maddingley Prep Team



Junior School News continued....

'Together on Tuesday' at Woodlea

'Together on Tuesday' is an opportunity for our Junior School students to join in every Tuesday, at recess and lunch. It includes a variety of fun activities that our Prep to Year 4 students can attend. There is no need to know how to play the games, as our supportive Year 4 leaders and prefects are teaching them how. Activities included, basketball, soccer, tunnel ball, dancing and skipping. These activities have started to get our young students involved and build their social skills and confidence. This also helps the Year 4 leaders and prefects build their confidence and leadership skills.

Written by Aayan Qazi and Shenaya Kaloti - Year 4 Leaders Woodlea



Spotlight on Woodlea Year 2

Year 2 students have enjoyed their recent exploration of concepts in measurement. Understanding the difference between formal and informal units has been a recent focus and provided opportunities for students to discuss the benefits and drawbacks of both. Students found that:

- using informal units can be quick and easy;
- informal units are good to use when you have no access to measuring tools;
- formal units allow greater accuracy;
- formal units are uniform and can be interpreted by anyone, anywhere accurately; and
- formal units all get their name from the *metre* – the boss of the Metric System.

Students became experts at estimating lengths and the perimeter of classroom objects.

Year 2 students have also been studying Insects and Living Things in their Global Studies work this term. This work linked closely with our writing focus on Information Reports, their structures and features.

To support this work, students were lucky to attend the Minibeasts incursion that showcased a range of insects, their common features and unique adaptations. Students got to view the architecture of butterfly wings through a microscope, create their own bracelets, dress up as an insect, explore a tent filled with graceful Monarch Butterflies and dig for wood-lice, worms and crickets.

Students used the ideas discussed throughout the day to support their Information Reports and their Global Studies work when designing their own insects.

The sessions were run by Steph who was amazed at the level of background knowledge and understanding our students demonstrated throughout the day. We thank her for her enthusiasm and patience.

Woodlea Year 2 Team



Spotlight on Maddingley Year 4

Term 2 has been a short and interesting one for the Year 4s at Maddingley. Students have continued to develop their resilience and remained engaged in their learning.

During this term students have been learning about the Middle Ages and what life was like in Medieval Europe. The reading lessons incorporated a number of texts based on Medieval Europe and included learning about castles, knights, kings, peasants, hawking and so much more.

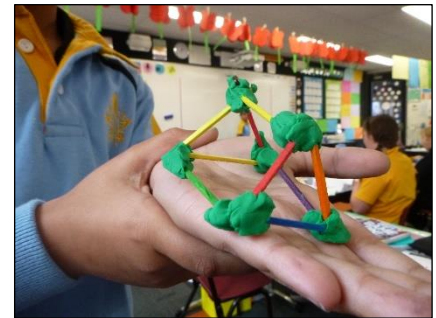


The writing genre was persuasive where the students developed an opinion paragraph based on a topic from the Middle Ages. This enabled them to convince their audience to agree with something that they strongly believe in.

Students have thoroughly enjoyed researching all about Medieval Europe within reading, writing and History and Geography. They were able to link the information they were learning across their subjects and gain a greater understanding of the topic. The students had the opportunity to create their own coat of arms based on their family history and use it at the end of term in the Junior School Ancient Dress Up Day.

Numeracy topics throughout this term have focused on Chance, Location, Shapes and Angles, Multiplication and Division. Students learnt about how to identify shapes and angles and had hands on experience with creating a 3D object using match sticks and plasticine. This enabled students to physically identify the faces, edges, vertices and apex on an object.

We look forward to Term 3 and continuing to watch the students develop as independent learners.



Reading vocabulary: medieval, feudalism, fief, peasant, monarchy, noble.

Writing vocabulary: fact, opinion, persuasive, main idea, topic sentence.

Numeracy vocabulary: degrees, perpendicular, parallel, prism, pyramid, commutative law, multiply, divide, factor, partition.

History & Geography vocabulary: serf, nobleman, conquest, vassals, manorialism.

Maddingley Year 4 Team

Woodlea News

Wynspeak – Woodlea Campus

Congratulations to Geet Mata, Surya Sureshkumar and Areeba Azam for representing the Woodlea Campus at Wynspeak 2022. All students spoke with eloquence and intellect on their selected topics. Well done to **Surya** for being named winner of the short speech section on the night.

Mrs Alanna Kappler - Public Speaking Woodlea Campus

STEM Club - Woodlea Co-Curricular

The STEM Club invites students from Years 5 to 8 who are passionate about Science, Technology, Engineering and Mathematics to work collaboratively and think inventively to conquer a series of challenges.

During Term 2, the students focused on developing their engineering skills. The students were challenged to think logically and innovatively to build a bridge with a length of 30cm using only 100 popsticks and 5 hot glue sticks with the goal of it withstanding the greatest weight. First, students had to create their designs in groups for the bridge and produce their blueprint. Next, construction of the bridges took place. Then, finally, the bridges' strengths were put to the test.

Ms Demarchi and Mr Northcott were both astounded by the weight all teams' bridges were able to withstand, which far exceeded their expectations - a fantastic effort by all members.

Well done to the top 3 teams!

Teams	Weight Withstood
1st - Surya and Tanish (7WC)	32kg+
2nd - Japneet and Celine (7WE)	31kg
3rd - Allan (6WA)	19.95kg

We look forward to seeing the achievements of the STEM Club in Semester 2.



Isabelle Beska (8WB) and Mr Ben Northcott

Woodlea Expos

Year 6

What an amazing twilight exhibition the Year 6 students presented on Thursday 2 June. Throughout the semester, students were asked to create a product/service and produce a detailed folio of their learning in Global Studies. The students produced products and services that were innovations for the future, essentials for school, needs for society and online platforms.

Please visit [Schoolbox](#) to view more information.



Year 7

The Year 7 students hosted an incredible Ancient Egypt Expo at Woodlea on Thursday 9 June.

Students created detailed artefacts and presentations about Ancient Egypt throughout the semester. A range of classes and teachers from other year levels, along with family members after school, came to support the Year 7s.

Please visit [Schoolbox](#) to view more information.

Ms Simone Kyle



Middle School Co-Curricular

Middle School Co-curricular Clubs throughout Semester One have been an incredible success. Students have had the opportunity to participate in learning activities such as experiments in STEM Club, elite training in Futsal, enrichment in Maths Extension and linguistics in LOTE Club, amongst many other engaging activities. Middle School Co-curricular will operate again in Semester Two. Students have been invited to enrol in activities via the [Schoolbox](#) link.

Activities for Semester Two:

Activity	
Art Club	Sport Club
Chess Club	Sharemarket Game
Community Service Club	Futsal Girls
Film Club	Yoga Club
ICT/Robotics	English Club
Mathematics Club	LOTE Club
STEM	Board Game Club
Public Speaking/ Debating Club	

Most activities run after school on Monday, Tuesday or Thursday. Board Game Club will operate every Friday at lunchtime.

For more details, please email Mrs Hunter: hunters@bmg.vic.edu.au.

Indian Care

Bacchus Marsh Grammar was excited to recently welcome representatives from Indian Care for important parent sessions. These sessions covered valuable parenting information and advice through a lens of cross-cultural understanding. We look forward to future sessions with Indian Care. For more information, please contact Sarah Hunter: hunters@bmg.vic.edu.au

Mrs Sarah Hunter - Deputy Head of Woodlea Campus

Singapore Elite Netball Tour 2022

This year Bacchus Marsh Grammar will be offering girls in Years 9 to 12 the opportunity to attend a Netball Sports Tour in Singapore at the Internationally recognised Singapore Sports School. It is projected that the Tour will take place from 12 to 19 November. Any student who is interested in this fantastic opportunity need to attend a meeting at lunchtime in week one of next term - Wednesday 13 July at 1.00pm in Room Q1. If you cannot attend, please email Mr Durham with your interest.

Mr Bryce Durham - Head of Faculty: PE and Health

Creative and Critical Thinking - Mindfulness



This week in Year 7 CCT, students were looking at 'Mindfulness'. This coincided with examination week so it was perfect timing to engage in some relaxation techniques! Students used posca pens, string and feathers to create a 'Mindful Wand' while listening to some serene music. They appreciated being able to 'be in the moment' and have some time to re-energise in the middle of a busy examination week.

Mrs Nicole Heywood

Student Wellbeing

Self-care during the holiday break

It is important for young people to establish habits around self-care as they work towards becoming resilient individuals. Self-care is a way of working towards maintaining positive mental health and we should not underestimate the power of looking after ourselves. Here are some tips for students of all ages to establish self-care practices as we head into the holidays:

- 1. Treat yourself** - One thing that you can control is how you look after yourself. Doing something for yourself every day (big or small) can really help you feel better.
- 2. Get moving** - There are so many benefits from keeping active. Taking part in any sort of physical activity releases endorphins which give you a rush of good feelings.
- 3. Do the things you love** - It can be hard to find the motivation or energy to do what you enjoy; however, it is at those times that it is super-important to connect with what you love.
- 4. Build on your strengths** - Focusing on the things you do well can help you feel better about yourself. It may not be easy to identify your strengths, so if you are struggling to come up with any, maybe ask a family member or a friend what they think your strengths are.
- 5. Mindfulness** - Mindfulness is all about being in the moment. Scientific research has shown that mindfulness can reduce stress levels and help people feel more creative, resilient and focused.
- 6. Take time for a vibe booster** - Setting aside time to do something you really enjoy can help lift your mood. Spend that time listening to a few of your favourite songs, make a cup of tea or do some baking.
- 7. Log out to chill out** - Staying connected is a great way to keep in touch with friends and family and to know what is happening around the world. But keep in mind that social media is just a snapshot of a person's life and it can become overwhelming, so take time to log out to chill out.
- 8. Write it down** - Writing things down is a great way of staying motivated and seeing your progress. Use a diary to keep track of the personal goals you have been setting and meeting, and update it regularly. Be sure to include both your big and small goals. This will help you to feel good about all your achievements. If you are not really into goals, use your diary to write about your day.

Butterfly Foundation Webinars

There are two parent webinars hosted by the Butterfly Foundation next term. Full details and booking links are accessible via Schoolbox: <https://schoolbox.bmg.vic.edu.au/news/5098>

Student Wellbeing Team

Scholastic Book Fair 2022

Bacchus Marsh Grammar is pleased to welcome the return of our annual Book Fair in Term 3. More information will be emailed via EdSmart at the start of Term 3.

The Fair will be running between Monday 18 July – Friday 29 July at Maddingley Campus and Woodlea Campus between Monday 25 July – Friday 5 August.

Every student from Prep to Year 6 will have the opportunity to view the Book Fair displays. At this time, they will fill in a wish list. You are under no obligation to purchase any item from the Book Fair.

Maddingley Campus Parents will be allowed onsite from 25 July - 29 July from 3.30pm-4.30pm via Gatehouse entrance only. (Credit card payments will be accepted onsite only during this time).

Woodlea Campus Parents will be allowed onsite from Monday 1 August – Friday 5 August 3.30pm -4.30pm. (Credit card payments will be accepted onsite only during this time).

Scholastic Book Club Coordinators - Mrs Diane Dunn (Maddingley Campus) & Mrs Feona West (Woodlea Campus)

Travel Conveyance Allowance - Semester 1, 2022

Semester 1, 2022 Travel Conveyance Allowance payments which include Terms 1 and 2, 2022 will be processed for approved families in July when school recommences for Term 3. Those approved families will be notified prior to payments being made to them.

Conveyance Allowance Information

Families in rural and regional Victoria can get help with the cost of transporting their children to their nearest school or campus.

This is known as the Conveyance Allowance.

The Conveyance Allowance is available to students travelling by:

- public transport;
- private car; and
- private bus whose nearest school is not serviced by a free school bus.

The Conveyance Allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Eligibility

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible;
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary for 3 or more days per week;
- reside 4.8km or more by the shortest practicable route from that school/campus; and
- be of school age at the time of application and reside in Victoria.

Please note that a Private Bus or Private Car conveyance allowance is not available if the journey could have been made using a free school bus or public transport service

Following the decision by the Student Transport Unit of the Education Department, it appears that there may be some movement in the way the Department makes a judgement on what is the nearest appropriate school.

If your decision to send your children to Bacchus Marsh Grammar was because you felt that it was the nearest appropriate school that both respected ecumenical values but did not require your child to participate in religious instruction or religious celebration, then you may (subject to other Conveyance Allowance rules) be eligible for the Conveyance Allowance.

If this statement applies to you, whilst I can make no guarantees, I believe it in your interest to submit a Conveyance Allowance Application for 2022.

Application forms are available from the main office and from the Parent Portal. The application should be accompanied by a simple letter stating the reasons why you believe Bacchus Marsh Grammar is the nearest appropriate school because of its values and its lack of a requirement to participate in religious instruction or religious celebration of any particular faith.

Please note: if you have already submitted an application for 2022, you are not required to complete another application unless your details have changed. For more information on the Travel Conveyance Allowance, please refer to the School's Business Notice.

Please contact Suzanne Pollard if you have any questions.

Mrs Suzanne Pollard - Administration Assistant: School Administration

Bacchus Marsh Grammar On Campus Uniform Shop

Phone Orders – 5367 4072

Uniform information and shop business hours are listed on the [school website](#).

Regular Contacts

Maddingley Campus
South Maddingley Road
Bacchus Marsh VIC 3340
P +61 3 5366 4800
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Woodlea Campus
111 Frontier Avenue
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P +61 3 5366 4900
F +61 3 5366 4950

Woodlea Early Learning Centre
111 Frontier Avenue
Aintree VIC 3336
P +61 3 5366 4999
F +61 3 5366 4850

General School Email: school@bmg.vic.edu.au

School Website: www.bmg.vic.edu.au

BMG Story Writing Competition 2022

BMG Story Writing Competition 2022

This year's theme is:



**X Marks
the
Spot**

Your story must include this theme

Entries are open for students from **Year 2 to Year 8** at BMG

All entries must include your **FULL name** and **tutor group**

All entries **must** be submitted on **paper** and will be accepted at the office (both campuses)

The last day we will accept entries is **10th August 2022** (no late entries!)

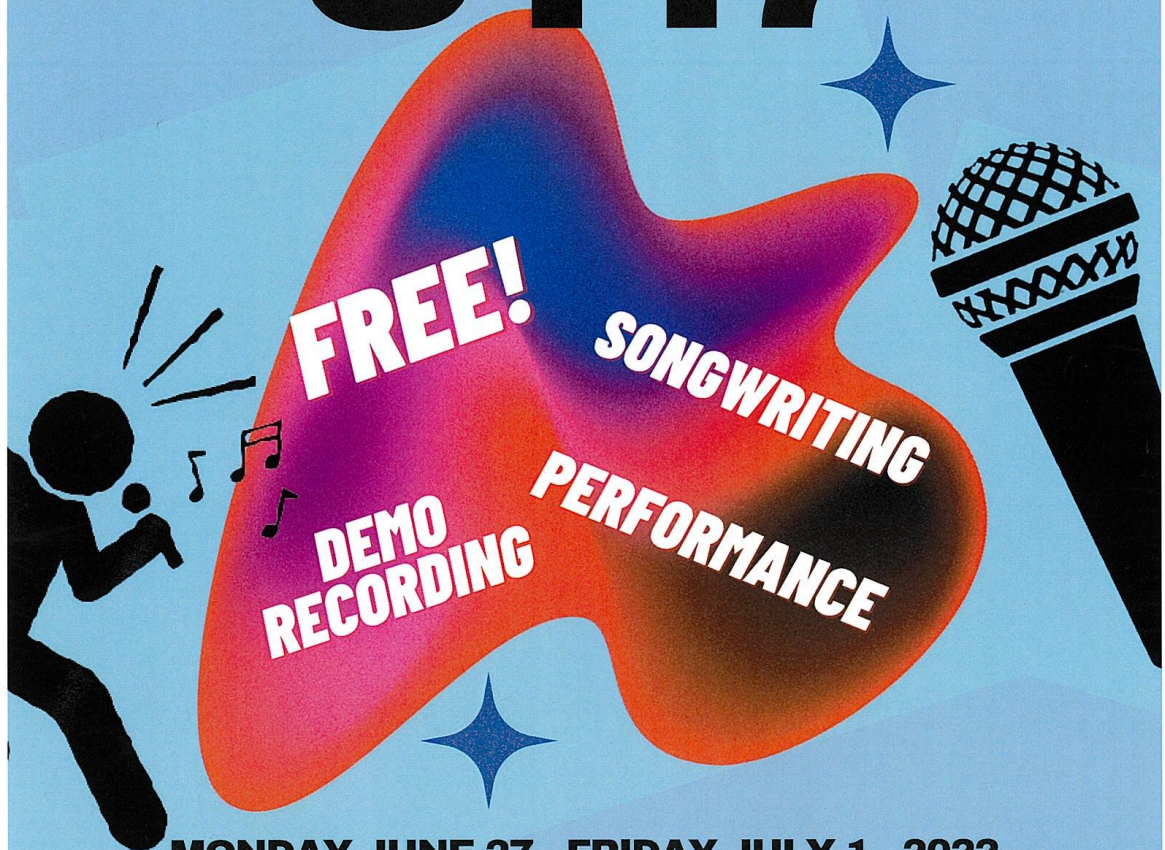
Please contact westf@bmg.vic.edu.au if you have any questions

Get writing and have fun! :)

ON TRACK

GET CREATIVE, GET ON TRACK

OT17



MONDAY JUNE 27 - FRIDAY JULY 1, 2022
MELTON INDOOR RECREATION CENTRE
209 COBURNS RD, MELTON WEST

PRIZES UP FOR GRABS

10.00AM-2.30PM DAILY

ON TRACK is designed for high school + upper primary school students

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