BMG NEWS



14 October 2022

VOLUME 36. NUMBER 30

From the Principal



I am pleased to announce that the school signed an agreement on Wednesday 12 October to purchase additional land directly adjacent to the Woodlea Campus. The 3Ha (approximately 8.5 Acres) of land will enable the school to fulfill its ambition to expand the Woodlea Campus into a K to 12 Campus on the one site.

The development of a Senior Secondary School (Year 9 to 12) on the site will commence next year with Year 9. Students in the new Senior Secondary School will pursue an innovative program (Program Kaizen) which promotes academic achievement in STEM and languages with a rich program of personal development.

To support the development at Woodlea a new three-storey senior building will commence early next year. The building will house a comprehensive library facility and a dedicated and imaginative senior STEM facility (see artist's impression below).

It is personally pleasing to see that all the building blocks are now in place to allow for the continued flourishing of the Woodlea Campus. The development of a full second campus not only creates opportunities at Woodlea, it enables the development of a broader range of programs for all students within the general framework of a Bacchus Marsh Grammar education.

I would like to again thank our Board in their continued focus for the Strategic needs of the school and our wonderful partner Woodlea, in achieving this exciting new development.





Woodlea Senior School Building - Artist's Impression

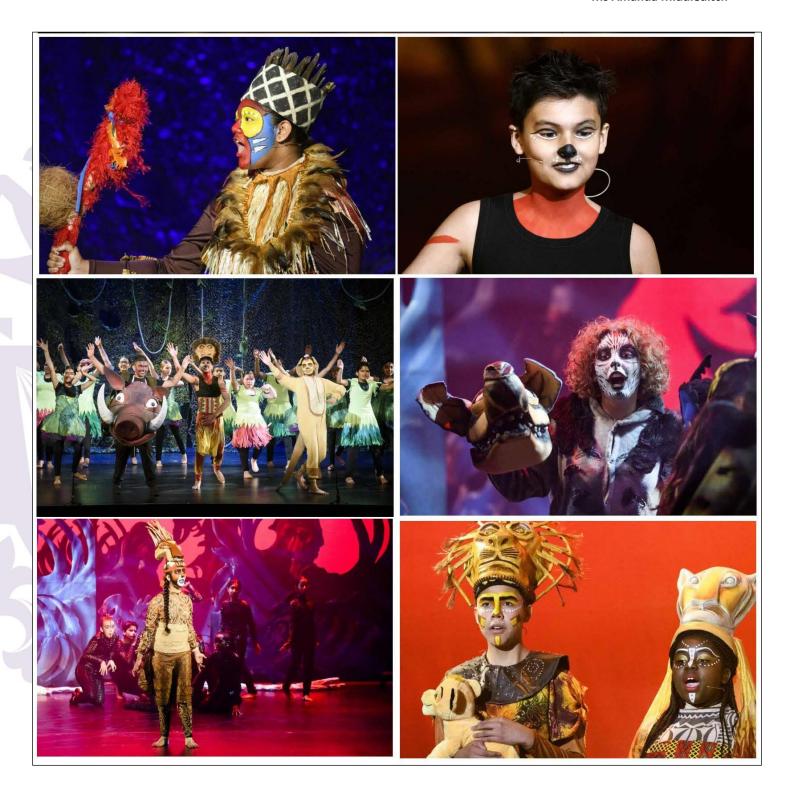
Lion King Jr

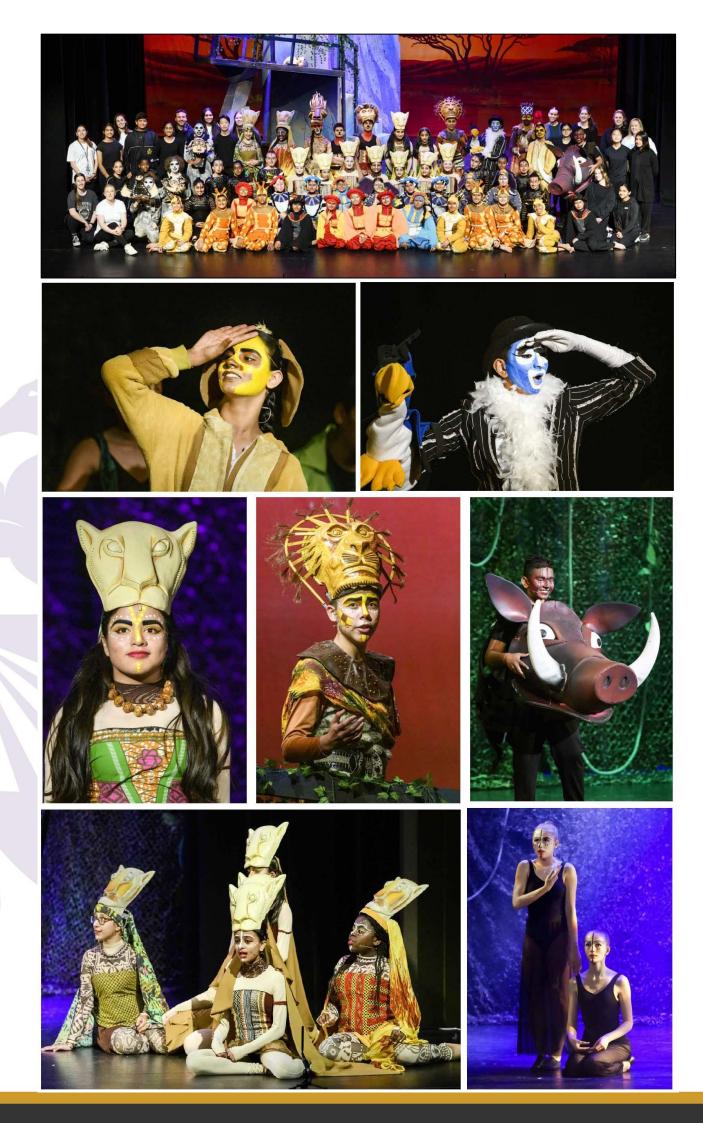
Woodlea Middle School Musical

Congratulations to all the incredible students and staff involved in bringing this timeless musical to the stage. Many months of hard work have paid off with an inspiring result for all students. The photos are only a fraction of the joy and teamwork backstage, as well as the commitment and excitement on stage. Thank you also to those who came to support the students. They were thrilled to be sharing this experience with you.

You can view more photos via Schoolbox: https://schoolbox.bmg.vic.edu.au/news/6676

Ms Amanda Middleditch





The Podium

Achieving Optimal Academic Performance – Perfection Paralysis

Winston Churchill once famously said, "Perfection is the enemy of progress." Often, as teachers, we see our students reluctant to put pen to paper; they are happy to discuss their work and even extrapolate what they are intending to do but then they will not commit. At home, parents will see their sons and daughters sitting at their computers or their desks and writing notes but then failing to actually complete and hand-in an assignment. What is driving this behaviour? It is possible that these types of children have "Perfection Paralysis."

What Is Perfection Paralysis?

It is a mental state caused by stress and anxiety relating to the need to be perfect. Students may be so convinced that they have to create something perfect that they often freeze completely, unable to even start. This is a <u>defence mechanism</u> due to the fear of failing or not producing or being something entirely perfect. This often leads to avoiding opportunities to succeed because of the fear of not performing at their best.

What drives Perfection Paralysis?

Perfection paralysis is caused by the fear that something you do won't be without a single flaw. To these students, imperfection means rejection or failure, or just shame and embarrassment.

What are the signs of Perfection Paralysis?

- 1. "Scrapping work" before it's finished To handle the crippling <u>fear of failure</u> and not being the very best, students would rather not have to even think about the less than perfect work they produced.
- Fear of Judgement Perfectionists who experience this kind of paralysis often feel this way because they're afraid of ridicule from others.
- 3. Comparing yourself to others Students often feel paralysed after they have seen work produced by others. Whether it is artwork, writing work or even a report, we can't help but compare what we create with what others have done first. When students feel the pressure of living up to standards already set by others, they start to panic.

Five ways to help

- Model making mistakes Show our students that it is normal to make mistakes and not always be correct. When
 we make mistakes in front of them show calmness and an acceptance that this is ok.
- 2. Praise the effort as well as the grades but make sure there is a real effort in producing the outcome. We are trying to have our students reach an Optimal Performance and this can only happen with a "real" effort.
- 3. Teach and reinforce students how to plan out work, study and assignments. Students can be taught to attempt tasks in manageable sections. This will help them not be overwhelmed by a task.
- 4. Teach students to accept their mistakes learning that life is a messy process and you don't always have to start again.
- 5. Help our students to be brave Give our students a lot of opportunities to be brave, physically, emotionally and socially precisely why our camps program is so important.

You do not have to be perfect to be amazing. I hope that our students have the confidence and bravery to present their work, be judged, be applauded, and then put their heads down and go back to trying to improve upon their performances.

Mr Andrew Perks - Assistant Principal: Optimal Performance Learning

BMG in Concert

Bacchus Marsh Grammar invites family, friends, staff and the wider community to an evening of music, dance and drama performances at the Clocktower Centre, Moonee Ponds. Audience members will enjoy a diverse and entertaining program including solo, ensemble and dance acts. The concert will take place on Monday 17 October and will commence at 7pm.

Tickets are now on sale and are being coordinated by the Clocktower Centre – click here.

Thank you in advance for supporting our first showcase in a number of years and I look forward to seeing you there.

Mr Steven Bell - Head of Faculty: Music & Performing Arts

Senior School News:

It is great to be back into the swing of Term 4 which already seems to be flying by. In the Senior School, we have had some changes to the Senior School team. For Term Four, Miss. Tenielle Brown will be Head of Year 10, and Mr. Michael Howell will be Acting Deputy Head of Middle School. We also welcome Mr. Liam McMahon as an Assistant Year Level Coordinator at Year 11 and Miss. Muntasha Khan as an Assistant Year Level Coordinator at Year 9. All of the new staff have settled well into the Senior School team and are looking forward to working with students to help them achieve their best in their learning.

For our Year 12 students, the end of the formal secondary schooling is fast approaching with their final day of classes next Wednesday and celebrating their Valedictory next Thursday evening. We wish all of our Year 12 students the best with their upcoming revision and examinations. Even though this will be a tough few weeks for them, we know they can achieve their goals with hard work and dedication during this revision period. It is the time for them to put in the maximum effort to ensure the maximum gain.

Our Year 9 students are getting ready for their camps next week at the Surf Coast and Staughton Vale. We are excited that they get this wonderful opportunity to get out into nature and spend some time with their Tutor Groups as camps have really been impacted over the past three years. Now let's just hope for some good weather and a break in the rain for them.

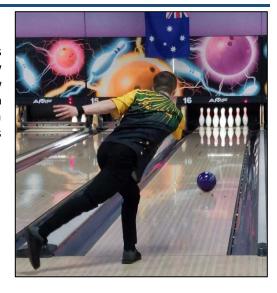
A reminder to all students that all mobile phones and headphones are not to be out once they enter the school grounds. All of these devices should be put in bags and then locked in lockers during the day. These devices can be accessed after students leave the school grounds.

Mrs Erin Thornton – Head of Senior School: Maddingley & Mrs Natalie Desira – Deputy Head of Senior School: Maddingley

PE & Health News

Individual Sporting Achievements

Congratulations to **Cooper Hillyer 12F** who represented Australia as part of the Ten Pin Bowling 18 Team. Cooper competed in New Zealand over the course of 8 days with the team taking part in the New Zealand Junior and Youth Nationals, Trans-Tasman Cup and Youth Teams Challenge. Cooper was able to bring home a silver medal in Junior Teams Squads and his team claimed bronze in the Youth Teams Challenge (U21) in an extremely tight finish. Well done Cooper!





Last weekend, the Victorian State BMX Championships were held in Bendigo and some wonderful performances were achieved by **Jai** and **Mackenzie Copland**. On the Friday night they had the presentation of the VIC State Series that had been running all year. Jai finished 2nd in Jnr Superclass and 3rd in 16 Boys. Makenzie finished 4th in 13 Girls.

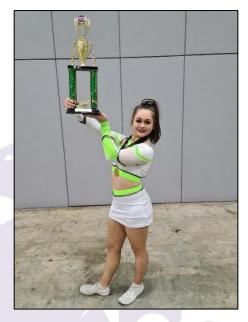
They followed these awards with great performances in races held on the Saturday and Sunday.

Jai finished 2nd in Jnr Superclass, 2nd in 15-16 Cruiser and 7th in 16 Boys. Mackenzie 7th in 13 Girls.

PE & Health News continued...

Well done to **Saoirse Sandoval-Roche 6C** who competed at the AASCF States at the Melbourne Exhibition Centre with her troupe finishing as R/U State Champions in Jazz. Saoirse was also selected as a member of a group of young classical artists who were selected for the youth company Dancebourne Arts, to perform in the historical ballet Die Puppenfee (The Fairy Doll) in November 2022.





Amelia Wilson 9I competed in the Victorian State Championships held at the Melbourne Convention Centre over the holidays. Amelia's team did an incredible job and were awarded 3rd in the State. She will now prepare for the Nationals to be held in the Gold Coast in November. Best of luck Amelia!

Mr Bryce Durham - Head of Faculty: PE and Health

Year 6 Western Ranges Basketball Championships

On Friday 7 October the Maddingley Year 6 Boys and Girls basketball teams proudly represented BMG at the Western Ranges Basketball Championships, held at Boardman Stadium, Sunbury.

Both teams participated against some quality opponents from across the Melton and Macedon districts with some very exciting finishes.

Our girls' side began well, winning their first two matches and led brilliantly by Alyssa Farley and Anika Tran. Unfortunately, the girls fell just short in their final game, finishing runner up to New Gisborne P.S by 4 points. A great effort by all the girls!

The boys played some exceptional team basketball, whereby winning their first two games comfortably and then heading into the decider against an unbeaten Braemar team.

With the scores level, and less than two seconds left on the clock, it was **David Elefterescu** who scored the winning basket to help put the boys through to the Regional Finals. A tremendous finish with a very well-deserved result!

It was particularly pleasing to see all students upholding our school values to a very high standard, demonstrating outstanding sportsmanship and team spirit once again.

Thank you to Mr Borg and Miss McCallum for assisting throughout the day, ensuring that the day ran smoothly and was enjoyed by all.

Mr Matthew LaFranchi – Acting Year 6 Coordinator

Events Calendar

Dates for upcoming events/excursions and day camps can be viewed via the events calendar on the school's website.

Student Wellbeing

Resources to support parents

The <u>eSafety Commissioner</u> is dedicated to supporting all Australians to have safe and positive experiences online. It provides excellent resources for all members of the wider community which are produced based on evidence gathered from Australian and international best practices, as well as eSafety's own research. We would recommend you take some time to explore these resources and also encourage your child to do so. There are resources specifically for <u>kids</u>, <u>young people</u> and <u>parents</u> in age-appropriate formats which are easy to navigate.

'eSafety Strategy 2022 – 25' has been launched and, outlines how eSafety intends to counter online harms. The new strategy looks at the operating environment through six lenses: technology features, international developments in policies and regulation, evolving harms, harm prevention initiatives, new and emerging technology and opportunities.

We know that parenting has its ups and downs and can be challenging at times. <u>Parentline</u> offers a phone service for parents and carers of children from birth to 18 years old. They offer confidential counselling and support around fostering positive relationships with your children, help with your family's wellbeing and resilience as well as many other parenting issues. They are also able to connect you with services in your area.

Parentline is available from 8am to midnight seven days a week on 13 22 89.

The Australian parenting website, <u>raisingchildren.net.au</u> is another resource providing high quality information around a vast range of topics focussed on parenting children of all ages and managing family life. Here you will find helpful guides, videos and fact sheets to support you in your parenting journey.

Student Wellbeing Team

Junior School News

Spotlight on Woodlea Year 1





The Year 1 students are incredibly excited to explore the seven continents during their Global Studies lessons this term. They have all created their own passport in which they will add stamps as they learn about each continent.

Students will work on the skill of using maps and understanding the geography of different parts of the world with a focus on the characteristics of mountains and rivers. Additionally, students will focus on the various beliefs, rituals and celebrations different cultures have

Later in the term, students will participate in a World Dance incursion. During the incursion, the students will be encouraged to celebrate culture as they lose themselves in a world of dance traditions, styles and costumes! The World Dance incursion combines Latin, Bollywood, African and Spanish dance steps with vibrant sounds from across the globe.

We encourage the school community to keep an eye on our Schoolbox page where we will continue to add photos of our experiences throughout the term.

Woodlea Year 1 Team

Spotlight on Maddingley Prep

On Tuesday, the Preps were visited by Didgeridoo Australia to learn more about Indigenous Australian culture for our History and Geography unit, First People. They taught us more about the indigenous cultures found around Australia and how they lived both now and in the past. They played the didgeridoo for us and even taught the boys how to play it. It was amazing to see how quickly they learnt how to make the sounds. While it was only the boys who played the didgeridoo out of respect for the customs and traditions of the Aboriginal people, the girls played along using clap sticks. We also saw how indigenous people make paint using rocks such as ochre, and charcoal. The Preps enjoyed the hands-on experience with artefacts



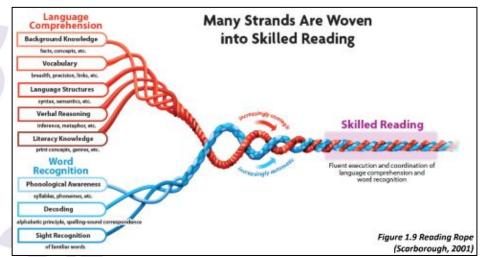
such as boomerangs and animal pelts. The students had a marvellous time learning about indigenous culture and are excited to learn more about it throughout the term.

Maddingley Prep Team

Spotlight on Teaching and Learning in the Junior School

Learning to Read: The importance of fluency in reading

In Reading, the term fluency refers to reading expressively with accuracy and at a good pace. It is one of the key components of learning to read. As illustrated on Scarborough's Reading Rope, skilled reading requires fluent execution and coordination of word recognition and language comprehension. Fluency is a key skill to



becoming a strong reader because it provides a bridge between word recognition and comprehension.

Fluency is made up of three core components: accuracy, rate, and prosody. Accuracy refers to reading words correctly, with few or no errors. Rate is the speed of word identification which is usually recorded as words read per minute. Prosody is the sound of the reading. This can be explained as the expression used when reading.

Fluent readers recognise words automatically. They group words quickly to help them gain meaning from what they read. Fluent readers read aloud effortlessly and with expression so their reading sounds natural as if they are speaking, an aspect of fluency that is termed prosody. Readers who have not yet developed fluency read slowly, word by word. Their oral reading is choppy or robotic and lacks prosody.

To develop into a fluent reader, a child needs to have well-developed phonological awareness and a strong understanding of the alphabetic principle which means they readily apply their knowledge of phoneme-grapheme correspondences to read words. These foundational word recognition skills need to be recalled quickly and accurately to the point of automatic recall. This automaticity of decoding and recall of words needs to be unconscious or effortless. This allows the cognitive space for the reader to access the meaning of the text.

Spotlight on Teaching and Learning in the Junior School......continued

Fluency is a foundation for good reading comprehension. Because fluent readers do not have to concentrate on decoding words, they can focus their attention on what the text means. They can make connections between the ideas in the text and their background knowledge. Fluency is essential because it frees students to understand what they read.

Fluency develops gradually over time and with practice. Explicit instruction at school will support children to become fluent readers. At home, this can be reinforced in a variety of ways. Model fluent reading by reading to your child. Paired reading or partner reading is an effective strategy for building fluency so read with your child, taking turns to read parts of a text. Echo reading, which involves your child listening to a text being read and then copying what they have heard, is another effective technique. Your child could also listen to audiobooks while simultaneously reading a printed copy of the text. Ensure your child engages in repeated reading of texts, this means reading the same text multiple times. Children should also be encouraged to develop their reading fluency using a range of different texts including play scripts, poems, songs, riddles and jokes, ensuring that the selected texts are at the appropriate level of difficulty for your child.

Ms Sian Rawlinson - Junior School Teaching and Learning Coordinator : Maddingley Campus

Term 4 Formal Celebrations 2022

The School will be hosting all formal events at their respective School Campuses.

Year 12 Valedictory Celebrations - Thursday 20 October 2022

The Year 12 Valedictory Celebrations will be held at the Maddingley Campus on Thursday 20 October 2022. This year we are pleased to be able to welcome parents and guests. Information for this event has been sent to families via Edsmart.

Student ID Cards required for sign in at the event

Year 12 students attending the Valedictory on Thursday 20 October will be required to sign in and out of the event via the Gatehouse using Roll Call with their Student ID card. ALL students must have their student ID card on them for this event. Any student who does not have a student ID card is required to go to ICT to have a new card printed. This must be done prior to the event next week.

Year 6 Graduation Celebrations - 2022

The Year 6 Graduation Celebrations will be held as formal afternoon assemblies with parents and guests permitted to attend at each respective campus on the following dates:

Woodlea Campus on Monday 5 December 2022.

Maddingley Campus on Tuesday 6 December 2022.

An invitation and more information regarding these graduation celebrations will be sent to families via Edsmart soon.

Mrs Cathy Perconte – Community Development and Events Coordinator

Recycle Your Pens & Markers - Woodlea



Woodlea is supporting Officeworks' recycling program which allows individuals to easily recycle a range of different items to help reduce landfill and make a 'positive difference'.

Students, families, teachers and the wider Woodlea community can now deposit used pens, felt tips, highlighters, mechanical pens, correction tape, liquid paper, fountain pens/ink cartridges and markers in the Officeworks blue recycling box at Woodlea's ELC and school reception office.

By recycling your empty pens and markers, our school will also go into the draw to win a \$250 Officeworks voucher each term.

If you would like to recycle other items such as ink cartridges, e-waste, mobile phones, and batteries, visit your local Officeworks to make your contributions.

For more information, visit https://www.officeworks.com.au/information/about-us/peopleandplanet/recycling

Ms Chloe Fava, Ms Lucinda Degiorgio & Mrs Amanda Pretty

Travel Conveyance Allowance Information

Families in rural and regional Victoria can get help with the cost of transporting their children to their nearest school or campus.

This is known as the Conveyance Allowance.

The Conveyance Allowance is available to students travelling by:

- public transport.
- private car, and
- private bus and whose nearest school is not serviced by a free school bus.

The Conveyance Allowance is a contribution towards transport costs and is not intended to cover the full cost of transporting children to and from school.

Eligibility

The conveyance allowance is available to families who meet certain criteria.

Students attending a school must:

- attend their nearest government or non-government school/campus appropriate to their year level at which admission is permissible.
- be enrolled at a school/campus outside Melbourne's metropolitan conveyance boundary for 3 or more days per week.
- reside 4.8km or more by the shortest practicable route from that school/campus, and
- be of school age at the time of application and reside in Victoria.

Please note that a Private Bus or Private Car conveyance allowance is not available if the journey could have been made using a free school bus or public transport service

Following the decision by the Student Transport Unit of the Education Department, it appears that there may be some movement in the way the Department makes a judgement on what is the nearest appropriate school.

If your decision to send your children to Bacchus Marsh Grammar was because you felt that it was the nearest appropriate school that both respected ecumenical values but did not require your child to participate in religious instruction or religious celebration, then you may (subject to other Conveyance Allowance rules) be eligible for the Conveyance Allowance.

If this statement applies to you, whilst I can make no guarantees, I believe it in your interest to submit a Conveyance Allowance Application for 2022.

Application forms are available from the front administration office and from the Parent Portal. The application should be accompanied by a simple signed and dated letter stating that the reasons you believe Bacchus Marsh Grammar is the nearest appropriate school is because of its values and its lack of a requirement to participate in religious instruction or religious celebration of any particular faith.

Please note: if you have already submitted an application for 2022, you are not required to complete another application unless your details have changed. For more information on the Travel Conveyance Allowance, please refer to the School's Business Notice.

All 2022 applications will be finalised - Friday 18 November. No further applications will be accepted or processed for 2022 after this date.

Further correspondence will be provided before the end of term 4 regarding 2023 applications

Please contact Suzanne Pollard if you have any questions.

Mrs Suzanne Pollard – School Administration : Conveyance Allowance

Bus Information

Monday 31 October & Tuesday 1 November 2022

No Private Buses will be operating Monday 31 October due to Mid Term Break or Tuesday 1 November due to Melbourne Cup Day. Students sitting an exam on this day will be required to make their own way to school.

Mrs Leanne Robertson – School Bus Services Administrator



Book Club News – Catalogue for Issue 7 is out now

For more information, please visit:

https://issuu.com/scholastic_australia/docs/bc_7-22_web_issuu?fr=sZGMwZjM0NDU5MDI

Scholastic Book Club Coordinators - Mrs Diane Dunn (Maddingley Campus) & Mrs Feona West (Woodlea Campus

Bacchus Marsh Grammar On Campus Uniform Shop

Phone Orders - 5367 4072

Uniform information and shop business hours are listed on the school's website.

Regular Contacts

Maddingley Campus

South Maddingley Road Bacchus Marsh VIC 3340

P +61 3 5366 4800

F+61 3 5366 4850

Woodlea Campus

111 Frontier Avenue Aintree VIC 3336

P +61 3 5366 4900

F +61 3 5366 4950

Woodlea Early Learning Centre

111 Frontier Avenue Aintree VIC 3336

P +61 3 5366 4999 F +61 3 5366 4850

General School Email: school@bmg.vic.edu.au

School Website: www.bmg.vic.edu.au

Community News

A message from Moorabool Light Orchestra

The Moorabool Light Orchestra is looking for singers who would like to join the orchestra for a Christmas concert on Saturday 3 December, 2022. The concert will be held during the late afternoon here in Bacchus Marsh at an outdoor venue.

If you are interested in singing Christmas songs along with the orchestra, please email or see Mr Michael Love.



A message from Darley Junior Football Netball Club

DARLEY JUNIOR FOOTBALL NETBALL CLUB

HOME OF GIRLS FOOTBALL



10 WEEK CLINIC Starting Wednesday 12 October

The Club's former Senior Players and Helpers will be conducting a 10 week Girls Football Clinic Program FREE of charge which will be based on the fundamentals of the Game being Kick, Mark, Handball, Ground Balls and Tackling.

The key focus points for this program will be:









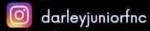


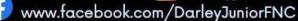
BECOME A DARLEY DEVIL IN 2023 Where | Riverbend Reserve Playspace When | Every Wednesday Time | 5pm - 6pm

Bring drink bottle and runners (NO football boots)

All Girls from 10 years and up to 18 years + bring your friends







A message from Moorabool Shire Council

