# BMG NEWS



28 October 2022

**JOLUME 36 NUMBER 32** 



#### 2023 Leaders

Student Leadership is an important part of school life and our leaders contribute to the vibrant student body by being role models and helping ensure that the student voice is heard. Students who have gained leadership positions have demonstrated an ongoing commitment to the school and have strived to achieve their best in many facets of school life. It is with great pleasure that we announce the Senior School Year 12 Leadership Team for 2023:

(Pictured left: Mr Neal with 2023 Captains and Vice Captains).

| Position             | Student  |   | Position  | ion Student  |   |
|----------------------|--|---|---|--|---|
| Captains             | Jackson Brown<br>Ethan Marchington<br>Joselyn Bennetts<br>Kavya Mani Anvita Nallajerla |   | Bacchus House<br>Captains                                 | •  | ndi Stanley<br>Chelsea Su                                       |
|                      |  |   | Braeside House Benjamin Peterson Captains Grace Mutsaerts |  |   |
| Vice Captains        | Thomas Bens<br>Amity Pallpratt<br>Maddox Edwards<br>Daniel Graham                      |   | Hilton House<br>Captains<br>Pentland Hous<br>Captains     | e Ma   | yan Dutson<br>nilee Attard<br>riam Hussain<br>Coe Daniel        |
| Academic<br>Captains | Prince Ian Hadsan-Llusala<br>Mehareet Shaha  | -<br>Anchal Singla  |   | SRC Captains   | Jasmine Khan<br>Jonathan Kalms                                  |
| Prefects             | James Dawes<br>Zosia Walker<br>Ella Frisch<br>Ella Thomson                             | Rachel Lillie<br>Nykita Pate-Weatherly<br>Dhedeepya Chennupalli<br>Anuki Pandithakoralege |   | Makenzie Ericson<br>Ryan Pearce<br>Dhruv Menon<br>Chloe Downes | Tristan Noorman<br>Sophie Bill<br>Khayle Forsyth<br>Jordyn Mace |

#### Year 12s

Our current Year 12 students began their exams this week and it was wonderful to see them leave their English exam on Wednesday, feeling positive and relieved to get this one completed. We wish our students completing Unit 3 / 4 exams all the best in the coming weeks.

#### Years 9 to 11

Year 9, 10 and 11 students are working towards finishing their Semester Two subjects and preparing for final assessments to be completed in Week 8. All students should be focusing on revision, trying to finish off the academic year in a positive manner and making the most of class time. As the end of the academic year approaches, we will also start preparing for 2023. Students will be emailed their subject allocations in the next few weeks.

Mrs Erin Thornton - Head of Senior School: Maddingley

#### Reminder:

# **BMG** in Concert

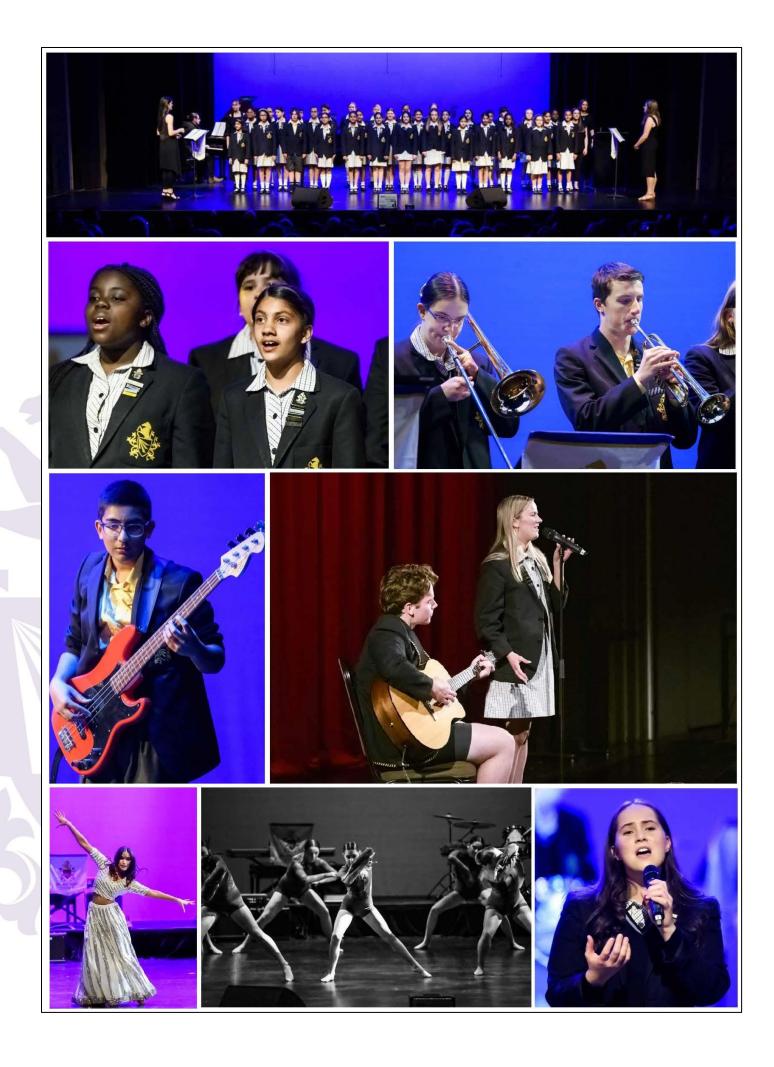
Congratulations to all students on their outstanding performances at BMG in Concert last week.

The event was a wonderful celebration of hard work and talent, in what has been a sorely missed event in recent years.

A sincere thank you to Music and Performing Arts staff for their tireless efforts to prepare students and ensembles, and a warm thank you to the wider school community for supporting the showcase. Please view more photos via <u>Schoolbox</u>.

Mr Steven Bell – Head of Faculty: Music & Performing Arts





#### The Podium



#### **Optimal Performance Learning and Cultural Diversity**

During my morning conversations in Tutor Group with my Year 8 students, I have recently been educated about the Festival of Diwali, the Festival of Light. Every region in India has distinctive traditions for commemorating this festival, but whatever the custom, there is an agreement that Diwali represents the triumph of good over evil, light over darkness and wisdom over ignorance.

We are so fortunate at Bacchus Marsh Grammar to have such a multi-cultural diversity. Children growing up in culturally diverse societies encounter a multitude of world views, perspectives and lifestyles on a daily basis and, as staff, we play a critical role in strengthening multicultural inclusion in our community by providing an environment where acceptance of diversity, knowledge of other cultures and an understanding of global and local issues can be developed.

Developing this skill is often termed Intercultural Competence. This is also acquired in prolonged intercultural contact and by actively reflecting upon worldviews. School is a critical time for the development of intercultural skills and intergroup attitudes are strongly influenced by social context. Research shows that culturally diverse schools constitute a natural arena for training intellectual skills and do much to enhance the academic standing and results of an institution. Importantly, through cultural diversity we also develop and grow values that are linked to the culture of our school. Values such as confidence, ambition,

kindness and respect are learnt, developed and celebrated in a culturally diverse school.

What a pleasure it is to teach in such a wonderfully diverse school as Bacchus Marsh Grammar. Let's all celebrate this and continue to find more out about our students. I wish our whole school community joy and happiness and hope that we can all enjoy the Festival of Light!

Mr Andrew Perks - Assistant Principal Optimal Performance Learning

# **Student Wellbeing**

#### **Study Success**

As the end of the year fast approaches and the year 12 students begin their final exams this week, we are all busy with assessments and starting revision for Semester 2 exams. Many students find this time of year particularly <u>stressful</u>, perhaps feeling that they should be doing something but not knowing where to start. <u>Reach Out</u> and <u>Kids Helpline</u> have some great tips for parents and teens on how to study successfully and ways to look after yourself during exams.

It is important to remember that some stress can be motivating, but it's important to get the balance right. If you notice that your child is already feeling the pressure, you can support them by finding a quiet place to study, set up an uncluttered study space, encourage them to talk to their teachers, make mind maps with ideas and key points or form a productive study group with friends. Ensure your child is getting enough sleep, is eating well and doing some form of regular exercise. It is important for your child to look after themselves during this busy time. Mini rewards can help your child to stay motivated, but avoid junk food and energy drinks, unplug if social media is too much of a distraction and encourage time to rest.

Visit <u>Kids Helpline</u> to find out more about supporting your child to manage exam stress, or <u>Reach Out</u> for great information and tips to study success.

Please see the exam stress tips for parents and young people from Reach Out at the end of this newsletter.

**Student Wellbeing Team** 

#### **Woodlea Junior School News**



#### Spotlight on Woodlea Year 2

In the second week of Term Four, Woodlea Year 2 students had the pleasure of venturing on their first-ever overnight camp to Camp Sunnystones! Students enjoyed a program with a range of engaging hands-on activities designed to help them:

- challenge themselves;
- grow their confidence;
- overcome doubts;
- step out of their comfort zone;
- appreciate and engage with the natural world;
- enhance their social skills; and
- grow their independence.

Students engaged in activities including bushwalking, shelter-building, canoeing, archery and bush-cooking. We are overjoyed to report that our Year 2 students faced all activities with confidence, grit and positivity. We would like to extend our appreciation to Sunnystones, camp staff, teachers, parents, students and leadership involved in making this camp such a success!

Woodlea Year 2 Team





# **Maddingley Junior School News**

#### **Junior School Camps**

Term Four is an exciting and busy time in the Junior School, with students participating in the camps program.

At the beginning of term, the Year 2 students embarked on their first big camp adventure to Sunnystones, and they didn't let the weather dampen their time away. Students participated in many fun and engaging activities such as archery, canoeing, bush cooking and Geocaching. The Year 2 Team was very proud of the resilience displayed by the students in what were some challenging weather conditions. We were impressed with the kindness, support and encouragement demonstrated by the students as they all participated in new and sometimes unfamiliar activities.

Immediately following the long weekend, Year 4 students will spend three days at Lake Dewar Camp. Students will have the opportunity to complete different leadership activities and physical challenges. We look forward to hearing about the many fun and exciting experiences they encountered when they return.

#### **Passive Play**



During lunchtime on Monday, Tuesday and Thursday, students can access two exciting, new passive play areas. The supervised and structured activities being offered in these areas will allow students to engage in quiet, interactive play. Social interaction is also fostered and promoted when students participate in these activities.

Social Board Games & Reading Owls can be accessed in the Junior School Library. Students choose from a selection of board games and engage in play with peers across various year levels. Alternatively, students can browse the library and select books of their choice, to engage in quiet reading time.

Lego Challenge is held in Room S2 (Year 3A classroom). Students will be encouraged to create designs and construct various Lego creations.

There is no need to book or enrol. Students can opt in and attend when they choose, however, numbers are capped for each session.

Mrs Melanie Morton /Ms Sian Rawlinson – Acting Heads of Junior School: Maddingley

#### **Spotlight on Prep Reception**

On Tuesday 18 October, Prep Reception students went on an excursion to Animal Land Children's Farm Diggers Rest. It was a great experience for our BMG students to immerse themselves in farm life. The activities included riding a pony, milking a cow and churning cream to make butter. Students were also able to sample the butter at lunch time. Other activities included a tractor ride to see and feed various farm animals such as sheep and alpacas. Students held guinea pigs and rabbits and patted a baby lamb called Nelson. They also fed ducks near a pond and saw a peacock, turkeys, roosters and hens. Students saw cows, horses and pigs in their paddocks or pens. Students played farm games of egg and spoon races and tug of war. They did some pooper scooping using shovels just as a farmer would! It was a wonderful day enjoyed by all.

Mrs Suzanne Gladys – Prep Reception Teacher







#### Spotlight on Maddingley Year 4





The Year 4 students learned all about sustainability in Term Three through exploring what sustainability means, which focused on the four R's, REUSE, REDUCE, RENEW, and RECYCLE. This included identifying different types of renewable energy sources, water pollution, the impacts of climate change and greenhouse gases, and water conservation. They focused on ways in which they can minimise their impact on the earth and how they can be climate aware, by turning off lights when leaving a room, ensuring that they put their rubbish in appropriate bins and cleaning their yards.

The students created a toy out of recyclable materials and repurposed them into a useable product that could function.

This incorporated designing and planning their product and listing the materials they needed to create their toy. They sourced recyclable materials found at home, taking photos and keeping a record of the steps taken to create their product to enable someone to recreate it. The students presented their product, a design brief and procedure to the class on how they developed their finished product and ran an expo for the other classes to come and see their designs displayed in the classroom. They created a fantastic selection of items and reflected on their problem-solving skills they endured during the task. A few examples of these were an ice-cream stand, ATM machine, a solar powered robot that could propel through water, handbag made from old jeans, a Barbie car made from popsicle sticks, a car garage and a skateboard ramp.

We look forward to watching the students continuing to grow and develop their independence ready for Middle School.

**Maddingley Year 4 Team** 

# **Year 8 Maths Games Day**

On Friday 29 July, two teams of Year 8 students headed out to Penleigh and Essendon Grammar school for the Year 8 Maths Games Day. The competition challenges students with mathematical problems that draw upon their problem-solving abilities and their co-operative skills as a team.

Schools from across Victoria sent their best Year 8 mathematicians to compete in this tournament. The final results showed that Bacchus Marsh Grammar has a host of excellent Mathematics students equal to any other school in the state. From the sixty teams competing on the day, the Bacchus Marsh Grammar (Maddingley) teams finished seventh and eleventh overall. Team 1 was only two points off a fifth place position.

Congratulations go to the students who competed on the day. These students were: **Gian Abriam, Vidhi Agarwal, Ori Daniel, Harnoor Dhanoa, Alana Fenech, Calum Fisher, Eknoor Kaur Gill and Lachlan Hunter**.

Thanks also to the two reserve team members Gurtaran Singh and Tavnoor Singh.

Mr Cameron McGregor

#### **Chess Tournament Results**

On Thursday 20 October, the State Chess Championships were held at the St Oliver Plunkett school in Pascoe Vale. There were just under two hundred competitors from mainly senior levels from schools across Victoria. Bacchus Marsh Grammar had seven representatives in the Secondary Boys' Championships. The students representing Bacchus Marsh Grammar in the boys' championship were: Advay Joshi, Sahil Framewala, Sreejith Shaji, Gian Abriam, Kareem Adam, Cherish Veginati and Niraj Prakash.

Over the course of the day, competitors played eight matches. Bacchus Marsh Grammar's team was fourth coming into the last round and faced stiff competition for their last matches. Unfortunately, after the last round, BMG finished 12<sup>th</sup>. However, this was a most encouraging result given the relatively young ages of the team (with no player beyond Year 9 included in the team)

Individual places on the day were:

|     | Advay Joshi 36 <sup>th</sup>      |
|-----|-----------------------------------|
| = 6 | Cherish Veginati 55 <sup>th</sup> |
|     | Gian Abriam 69 <sup>th</sup>      |
|     | Niraj Prakash 70 <sup>th</sup>    |
|     | Kareem Adam 72 <sup>nd</sup>      |
|     | Sreejith Shaji 75 <sup>th</sup>   |
|     | Sahil Framewala 136 <sup>th</sup> |

Congratulations to all competitors!

Bacchus Marsh Grammar also had one representative in the Primary Girls' State Championships. **Shanaya Guha** of Year 1 came 35<sup>th</sup> in the State and was the highest placed Year 1 in the State Championship. Well done Shanaya!

Mr Cameron McGregor

#### **PE & Health News**

# Individual Sporting Success

Congratulations to Lyla Mardesic 6A who competed for the Team Vic Football (Soccer) 12U team at the recent School Sports Australia Football Championship in Rockingham, Western Australia. Lyla played full minutes of all six games in a highly competitive competition which saw





Team Vic win the bronze medal. Lyla has really matured as an athlete over the year and this is a wonderful reward for her dedication to the sport.

Joanne Joseph 9J continues to excel in her sport of squash. Her latest achievement has been selection into the Junior National Team to represent Australia as part of the Trans-Tasman series against New Zealand. Joanne will represent Australia as the No. 1 ranked U17 female player in the tournament. The tournament will be held in Sydney on the 20-21st of December 2022. Joanne is a dedicated athlete within our elite sports program, and we wish her all the best in the lead up to this tournament.

Mr Bryce Durham - Head of Faculty: PE and Health



#### School Sports Victoria Western Metropolitan Regional Track and Field Carnival

On Tuesday 18 October, 13 students across Years 4 to 6 from the Maddingley Campus attended the Western Metropolitan Regional Track and Field Carnival which was held at the Keilor Athletics Track.

We would like to congratulate the following students on their outstanding achievements.

| Student               | Event 1                                    | Event 2                                    | Event 3                                   |
|-----------------------|--|--|---|
| Iyla Robinson- 4A     | 1500m - 2 <sup>nd</sup>                    | 800m - 11 <sup>th</sup>                    |   |
| Harrison Lovett- 4D   | 100m sprint - 11 <sup>th</sup>             | 200m - 6 <sup>th</sup>                     |   |
| Ayla Hilton- 5A       | Discus - 14 <sup>th</sup>                  | 11yo Girls Relay 4x100m - 2 <sup>nd</sup>  |   |
| Annie Thomas- 5A      | 200m - 6 <sup>th</sup>                     | 11yo Girls Relay 4x100m - 2 <sup>nd</sup>  |   |
| Myah Estlick-6D       | High jump - 4 <sup>th</sup>                | Triple Jump - 5 <sup>th</sup>              | 11yo Girls Relay 4x100m - 2 <sup>nd</sup> |
| Liam Collins- 6E      | Triple Jump - 9 <sup>th</sup>              |  |   |
| Patrick Lovett- 6E    | Triple Jump - 11 <sup>th</sup>             | 200m - 6 <sup>th</sup>                     |   |
| Layla Mauriohooho- 5D | 100m - 5 <sup>th</sup>                     | 11yo Girls Relay 4x100m - 2 <sup>nd</sup>  |   |
| Ava Radolovic- 6E     | 100m - 3 <sup>rd</sup>                     | Triple Jump - 5 <sup>th</sup>              | 12-13 Girls Relay 4x100m - 4th            |
| Anika Tran- 6E        | 800m - 10 <sup>th</sup>                    | 12-13 Girls Relay 4x100m - 4 <sup>th</sup> |   |
| Harry Metcher- 6A     | 800m - 9 <sup>th</sup>                     |  |   |
| Alyssa Farley- 6C     | 12-13 Girls Relay 4x100m - 4 <sup>th</sup> |  |   |
| Amelie Beazley- 6C    | 12-13 Girls Relay 4x100m - 4 <sup>th</sup> |  |   |

We would also like to wish Iyla Robinson and the 11 Year Old Girls' Relay Team all the best as they progress on to States after finishing 2<sup>nd</sup> in their events.



#### Mrs Chantelle Estlick and Mrs Michelle Elcoat

# Maddingley Middle School 2023 - Annie Jr

We are excited to announce Annie Jr as the Maddingley Middle School Musical for 2023.

A call out to all 2023 Year 5s, 6s, 7s and 8s, please visit Schoolbox to read through the 'Annie Jr 2023 Casting Packet' which outlines how to sign up or participate in auditions for Lead Roles.

All students from Year 5 to 8 are welcome to join the Ensemble & Backstage Crew (no auditions required for Ensemble or Backstage Crew).

Auditions will only be held for Lead Roles & Dance Troupe which will happen in Term 1 2023, Weeks 2 - 4.

Ms Elyse Zahra

#### **Student Achievement**

Madeleine De Vera (6WD) won 3<sup>rd</sup> Prize at the Melton City Library's Short Story Writing Competition (Junior B Year 4-6 Category). Melton City Councillor, Sophie Ramsey, awarded her prize during the special awards presentation on Friday 21 October 2022 at the Melton Library and Learning Hub. This annual Short Story Competition is a great platform for budding writers of all ages to showcase their talents and have their creative works reviewed by popular authors. There were over 250 entries received for the Junior, Teens and Adult categories which were carefully reviewed by this year's judges.

Congratulations to Madeleine on her wonderful achievement.



#### **Bus Information**

#### Monday 31 October & Tuesday 1 November 2022

No Private Buses will be operating Monday 31 October due to Mid Term Break or Tuesday 1 November due to Melbourne Cup Day. Students sitting an exam on this day will be required to make their own way to school.

#### **Woodlea Late Bus**

Due to the completion of the Woodlea Campus Musical, there are no students requiring the late bus service on a Tuesday afternoon out of the Woodlea Campus.

The late bus on a Tuesday afternoon has been cancelled for the remainder of the year. A late bus will still operate on a Monday afternoon up until and including Monday 21 November.

Mrs Leanne Robertson – School Bus Services Administrator

#### **Events Calendar**

Dates for upcoming events/excursions and day camps can be viewed via the events calendar on the school's website.

# Out of School Hours Care (OSHC) – The Y Ballarat

The Y Ballarat operate the Out of School Hours Care at Bacchus Marsh Grammar.

Enrolments are completed online. For full information please visit the school website.

Email: <a href="mailto:chrissie.ashmore@yballarat.org.au">chrissie.ashmore@yballarat.org.au</a> Phone: 0490 178 638 W: <a href="https://yballarat.org.au">https://yballarat.org.au</a>/

Maddingley:

maddingley.oshc@yballarat.org.au

0438 154 842

Located: South Maddingley Road, Maddingley, Victoria 3340

Woodlea:

woodlea.oshc@yballarat.org.au

0490 490 362

Located: 111 Frontier Avenue, Aintree, Victoria. 3336.

# **Bacchus Marsh Grammar On Campus Uniform Shop**

Phone Orders - 5367 4072

Uniform information and shop business hours are listed on the school's website.

### **Regular Contacts**

#### **Maddingley Campus**

South Maddingley Road Bacchus Marsh VIC 3340 P +61 3 5366 4800

F+61 3 5366 4850

#### **Woodlea Campus**

111 Frontier Avenue Aintree VIC 3336

P +61 3 5366 4900

F +61 3 5366 4950

#### Early Learning Centre - Woodlea

111 Frontier Avenue Aintree VIC 3336

P +61 3 5366 4999

F+61 3 5366 4850

General School Email: <a href="mailto:school@bmg.vic.edu.au">school@bmg.vic.edu.au</a>

School Website: www.bmg.vic.edu.au



# **Community News**

#### A message from the Shane Warne Cricket Star Academy



# 7 TIPS FOR MANAGING EXAM STRESS



#### FOR YOUNG PEOPLE

FOR PARENTS/CARERS

Stay organised with to-do lists and study timetables

Take regular study breaks

Have a dedicated study space

Have a long term goal

Get as much sleep as possible

Remember your health: eat well and stay active

Talk to the people around you



Give them time off chores and non-urgent family stuff



Encourage them to keep doing the activities they did before exams



Help them set up a study space and make sure the rest of the family understands



Chat with them about what they want to do after exams



Remind them to go to bed at a regular time each night



Go on study break walks with them and try to cook wholesome meals



Make a time to chat to them and let them vent

A message from the Student Representative Council



#### A message from CAFs





